



Best Birthday Ever!

By Linda Lynch, Herons Glen
Photos by Sandy Marino and Kathy Petrillo, Herons Glen

A 92nd birthday is a pretty remarkable day by any standard. And this particular birthday for Herons Glen resident Al Marino was certainly a special event.

Al's daughter, Sandy, has been living with her father on Palo Duro since last fall when Al's wife Jean passed away. Al and Jean had been married for 68 years. Sandy became friendly with Kathy Petrillo, a Palo Duro neighbor, and they decided to arrange a surprise drive-by birthday celebration for Al among Herons Glen residents.

Kathy used the Google group communications to encourage Herons Glen neighbors to participate in their golf carts with bells, whistles, and any other sorts of festive devices.

So, at 4 p.m. on the afternoon of June 9, Sandy and Al's other daughter Terry prepped their father for a golf cart ride so he would be ready when neighbors began to arrive. Over the course of an hour, over 100 neighbors came by to help Al mark this day. Al said it was "the best birthday party I ever had."

Born in 1931, Al was the youngest boy (No. 17 of 18 children) and is the sole survivor. He served in Korea in the Marines and came home to find that his girlfriend was no longer his girlfriend. There followed several difficult years until he met Jean who became his wife.

Over the years Al built many homes and cottages and owned his own electrical business. He rebuilt a 1928 Model A from the frame to the bodywork and engine and did this in his spare time while working three jobs.



Al in his cart



Al and daughters – Terry, Al, Sandy



Al and his daughter Sandy



Kathy Petrillo and Al

When he retired, Al and his wife moved from Maine to Cape Coral and then to Herons Glen where he has lived for nearly 30 years. He has had several nicknames while here, initially as the "lamppost guy" because he spent hours repairing lamppost lights for residents. Later he became the "banana man" when he was seen going up and down the street handing out ripe bananas from the plants in his yard.

Al was a golfer and can claim two holes in one. He also enjoyed bocce. One of his favorite expressions was "too much spaghetti!" when someone tossed the bocce ball too hard.

At 92, Al has slowed down although he still takes several cart rides each day around the neighborhood, visiting with neighbors on his travels. He still plays bingo at Herons Glen and he enjoys playing cards. And his daughter says he still loves the ladies!

The outpouring of friendship and caring at his most recent birthday celebration will provide warm memories for Al of a community that is truly unique. Happy Birthday, Al!



Al in his birthday cart



Al, the lamppost man

Need Transportation

By Jack Cotter, Herons Glen

The Veterans of the Glen Outreach Committee and Friends Helping Friends Transportation Committee have joined in a partnership to help Herons Glen residents who are in need of transportation to medical appointments, food shopping, prescription pickup or other urgent need. **Please do not call for rides to/from airport.**



Residents may contact individuals from either organization listed below. A 24-hour advance notice would be very helpful. Call a volunteer from the list below during the period of May 1 through Sept. 30.

VOG Committee Chair Jack Cotter, (860) 490-2183; Mike Zarella, (541) 292-2714; Dee Hanks, (239) 470-6593; Bob Agate, (609) 731-5909; Bruce Johnson, (716) 472-3860.

We are always looking for volunteers. Please contact Jack Cotter if you have an interest in volunteering.

Election Of HOA Board Members

The Nominating Committee is now accepting nominations for two Board seats for the January 2024 to December 2026 term. Any resident interested in running for the Board should submit his/her resume to the HOA Office no later than **Oct. 3**. If you need additional information, please contact one of the following Nominating Committee members:

Russell Long, chair: (651) 470-0769

Joann Brosnan: (239) 567-0797

Mary Koenig: (239) 989-3052

Judy Philpot: (931) 446-2072

Gary Swisher: (614) 402-8632

"Meet the Candidates Night" will be in the ballroom on Oct. 23 from 5 to 7 p.m.

HOA Annual Meeting – Election results will be in the ballroom on Dec. 13 from 4:30 to 7 p.m.

Safety Tip

By Barry Glauzel, Herons Glen

Lightning: What You Need To Know

- No place outside is safe when thunderstorms are in the area.
- If you hear thunder, lightning is close enough to strike you.
- When you hear thunder, immediately move to a safe shelter: a substantial building with electricity or plumbing or an enclosed, metal-topped vehicle with windows up.
- Stay in a safe shelter at least 30 minutes after you hear the last sound of thunder.

Indoor Lightning Safety

- Stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity.
- Avoid plumbing, including sinks, baths and faucets.
- Stay away from windows and doors, and stay off porches.
- Do not lie on concrete floors, and do not lean against concrete walls.

Last Resort Outdoor Risk Reduction Tips

If you are caught outside with no safe shelter anywhere nearby the following actions may reduce your risk:

- Immediately get off elevated areas such as hills, mountain ridges or peaks.
- Never lie flat on the ground.
- Never shelter under an isolated tree.
- Never use a cliff or rocky overhang for shelter.
- Immediately get out and away from ponds, lakes and other bodies of water.
- Stay away from objects that conduct electricity (barbed wire fences, power lines, windmills, etc.).



Community News

Save The Date

The Herons Glen Craft Fair will be held this year on Nov. 4 from 9 a.m. to 2 p.m. in the ballroom. This is your opportunity to shop for holiday gifts and décor, crafts, jewelry and much more. Be sure to mark your calendar. You don't want to miss it.



Coming Soon

- | | | |
|----------|-----------------------------|-------------|
| Aug. 10 | Food Trucks | Parking Lot |
| Aug. 10 | Double Dare Duo | Restaurant |
| Aug. 14 | Bloodmobile | Parking Lot |
| Aug. 17 | Food Trucks | Parking Lot |
| Aug. 24 | Food Trucks | Parking Lot |
| Aug. 24 | Rick Austin | Restaurant |
| Aug. 26 | Trivia | Ballroom |
| Aug. 31 | Food Trucks | Parking Lot |
| Aug. 31 | Ron Lorenzo and Renee Scott | Restaurant |
| Sept. 4 | Labor Day | |
| Sept. 7 | Food Trucks | Parking Lot |
| Sept. 7 | Wendy Renee | Restaurant |
| Sept. 14 | Food Trucks | Parking Lot |
| Sept. 14 | Jay Smith | Restaurant |
| Sept. 18 | Mobile Dermatology | Parking Lot |
| Sept. 21 | Food Trucks | Parking Lot |
| Sept. 21 | Jersey Vic | Restaurant |
| Sept. 28 | Food Trucks | Parking Lot |
| Sept. 28 | Rick Austin | Restaurant |

HOA And HGRD Schedule Of Meetings

The following is a listing of HOA and HGRD meetings known at the time of publication. As these dates are subject to change, please check the Herons Glen website calendar and the community channel for updates.

Calendar Of HOA Meetings September

All committee meetings are via Zoom/HOA Conference Room unless noted otherwise.

- Sept. 5 Board Workshop, 1 p.m.
- Sept. 12 Architectural Review Committee, 9 a.m.
- Sept. 13 Board Meeting, 5 p.m.
- Sept. 14 Grounds Committee, 1 p.m.
- Sept. 22 SSEP Committee, 8:30 a.m.
- Sept. 26 Architectural Review Committee, 9 a.m.
- Sept. 28 Finance Committee, 1:30 p.m.

Calendar Of HGRD Meetings August To September

All committee meetings are via Zoom/Card Room C unless noted otherwise.

- Aug. 7 Board Meeting, 9 a.m.
- Aug. 7 Resident Events, 1 p.m., Activities Room "A"
- Aug. 10 Golf Committee, 9 a.m.
- Aug. 15 Finance Committee, 11:30 a.m.
- Aug. 30 Board Meeting (Annual Budget), 6 p.m., Ballroom
- Sept. 7 Facilities and Amenities Committee, 1 p.m.
- Sept. 11 Board Meeting, 10:30 a.m.
- Sept. 11 Resident Events Committee, 1 p.m., Activities Room "A"
- Sept. 14 Golf Committee, 9 a.m.

Article Deadlines For The Heron

Issue Month/Year Date Due To The Heron

September 2023 Saturday, August 19
 October 2023 Sunday, September 17

Articles should be sent to
 HGNewspaper@gmail.com.

Editorial Staff Volunteers

Photos by Dick Muller



Karen Jessop - Editor



Linda Lynch - Editor



Jack Nelson - Editor



Pam Scheid - Editor



Becky Gignac
 Newspaper Coordinator



Rick and Pat Scharf
 Delivery Coordinators

The HOA Communications Committee serves as the supervisory body for The Heron per Article IX of our by-laws.

Christine Kozak is the committee liaison from the HOA Board of Directors.

The Heron Editorial Policy is on file in the HOA office.

Articles for The Heron may be dropped off or mailed to
 The HOA Office,
 2250 Herons Glen Blvd., N. Fort Myers, FL 33917
 or emailed to hgnewspaper@gmail.com.

Thank You All

Heartfelt gratitude and appreciation to all our Herons Glen friends and neighbors for their kind expressions of caring and sympathy after Nick's passing. We knew when we selected Herons Glen as our retirement community 23 years ago that we had found a special place. We've been truly blessed.

Clare Vitale and Family

Welcome

Carolyn Carey
 Michelle Widmer Eby and Marcelle Widmer
 Kerry and Gregory Elliott
 David Ingram and Michelle Lary
 Amanda Rutledge

In Memoriam

William (Bill) Green James Kerschner James Serrao
 William (Bill) Tolstyka Tom Whittington

♥ FOREVER IN OUR HEARTS ♥

In Case You Missed It – Highlights From The HOA Weekly Bulletins

By HOA Communications Committee, Herons Glen

This listing highlights important articles that are covered in recent HOA Herons Glen Weekly Bulletins distributed by email to residents listed with the HOA office. These issues affect every property owner, their renters, vendors, and guests.

The articles are intended to help residents better understand the actual requirements for our restricted community and also include safety information. Reading about and understanding these issues could eliminate the escalation of problems that may result in potential fines.

If you have questions about a subject, you can locate the full article from the bottom left link on the HOA website at http://hgcc.com/hghoa/files/office_news.html, then **click** the link titled HOA News Bulletins, EXTRA! EXTRA! Or you can see the issues listed by date in the middle of the web page under HG HOA News from management.

July 14 – Notice of HOA Election Process, HOA Committee Volunteer Information, Approval of Amendments to Home Sale Policy, Selective Herbicides for Florida's Lawn Weeds

July 7 – Heat Stroke Prevention from SSEP, Lightning Safety Tips from CERT, Preventing Heat Stroke in Pets

June 30 – 2023 Florida Freedom Summer Sales Tax Holiday, 2023 Florida Disaster Preparedness Sales Tax Holiday, HGRD Notice of Outsourcing CLIS Irrigation System Services

June 23 – Herons Glen Boulevard Asphalt Project Update and 20-Year Long-Range Plan

June 16 – Requirements for Closed Garage Doors

June 9 – Hurricane Preparation Information from SSEP, AED Location Information from CERT, Community-Wide Standards for Lighting, Light Fixtures and Light Posts

June 2 – Proposed Amendments to ARC Design and Development Guidelines, Bicycle Helmet Safety Tips from SSEP, Hurricane Preparedness Links, HGGEMS Emergency Text Message System

Please keep this reference guide in a location that's easy for you to find when needed.

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Community Activities

Players Of The Glen Prepare For The Upcoming Season

By Janice Radcliff, Herons Glen

While summertime is often spent enjoying travel, lake life, and fireworks, The Players of the Glen have been busy this summer planning the spring 2024 production. Hours have been spent reading scripts before the final determination was made. Will the selected script make you laugh or bring you to tears, stay tuned to our monthly announcements and be prepared.



Trish Perry, director

and beverage director came shortly to collect them, confirm that each was complete, and brought them to the chef so our food would be ready for us promptly after our meeting, since the staff wants to leave at 6 p.m.

We welcomed two new members, Dawn Sullivan and Dennis Rathburn. Recent events were reviewed, and future ones were discussed. Several members brought up ideas to discuss and think about. The meeting ended at 5 p.m. and those staying for dinner walked over to the ballroom where a section of the new temporary dining room was reserved for us, and our drinks and dinners were served promptly.

We want to congratulate our hardworking food and beverage director for turning the ballroom into a very nice

temporary bar and dining facility while the main dining room and lounge are being renovated. It's a wonderful way to accommodate residents that like to eat here and great for the staff, since most could not go without a paycheck until next November.

Our next meeting will be Wednesday, Aug. 9 at 4 p.m. If you plan to get a beverage and/or pre-order a meal, please arrive 15 minutes early. If you are single, living in Herons Glen, and would like to become a member of our group or just be on our contact list to find out about our various activities, just send an email to Marla Pierce, marla10@comcast.net or Louise Roessler, fnlroessler@att.net with your name and phone number.

Singles Group

By Louise Roessler, Herons Glen

On July 10, 17 members of the Herons Glen Singles met at the lobby to carpool for a wonderful luncheon at the Columbia Restaurant in St. Armand's Circle in Sarasota. Afterwards we toured the art museum at the Ringling Estates, which is free to the public on Mondays.

Forty members attended our July 12 meeting which began at 4 p.m. in Activity Room A. Nineteen members staying for dinner filled out their pre-order dinner menus, circling the items they would be ordering. Janine, the food



Left to right: Barbara Benke, Marla Pierce, Nancy Parsons, Dave Goers, Donna Snead, Ilena Budde, Gary Olson, and Louise Roessler



Left to right: Nancy Alward, Joy Venker, Gail Kriss, John Corda, Lynda Hitchcock, Betsy Willigan, Carol Bryan, Bob Agate, and Joyce Russell, who did an awesome job of organizing the outing and making all of the arrangements

Community Interests

August – 31 Reasons To Celebrate

By Candace Huetteman, Herons Glen

The month of August has no federal holidays, but don't despair. August, the month that brings us to the end of summer,

has plenty of days for celebrating food, friends, and family. So, send off summer by celebrating August's weird, wacky, and wonderful holidays. For example, if you have a sweet tooth, plan to celebrate National Chocolate Chip Cookie Day, National Ice Cream Sandwich Day and National Lemon Meringue Pie Day. If wine, not sweets, is what you enjoy, have a chilled glass of Pinot on National White Wine Day early in the month or hold

out for Red Wine Day later in the month. There are even days designated for cleaning floors. Or if you're not that ambitious, there are days for just relaxing. You can even double or triple your fun by combining some holidays that share the same day. On Aug. 30, for example, why not celebrate National Beach Day and National Toasted Marshmallow Day by enjoying s'mores while sunbathing at one of our beautiful Florida beaches.

I hope I've piqued your interest enough that you'll take out your calendar or phone and make note of your favorite holidays and plan celebrations for the month of August. You will have missed some of the earlier days and their designated holidays by the time this paper is delivered to you but save the list and plan to celebrate all 31 days of August next year. Here's the list for the entire month:

Aug. 1 – British Columbia Day, National: Colorado Day, Homemade Pie Day, Mountain Climbing Day.

Aug. 2 – National: Coloring Book Day, Ice Cream Sandwich Day.

Aug. 3 – National: Clean Your Floors Day, Watermelon Day

Aug. 4 – National: Chocolate Chip Cookie Day, White Wine Day.

Aug. 5 – National: Beer Day, Oyster Day, Water Balloon Day.

Aug. 6 – National: Farmworkers Appreciation Day, Disc Golf Day, Mustard Day, Root Beer Float Day, Sandcastle Day.

Aug. 7 – National: Friendship Day, Lighthouse Day, Sisters Day.

Aug. 8 – International Cat Day, National: Frozen Custard Day, Pickleball Day.

Aug. 9 – International Day of the World's Indigenous People, National: Book Lovers Day, Women's Day.

Aug. 10 – Ecuador Independence Day, National: Lazy Day, S'mores Day, Spoil Your Dog Day, World Lion Day.

Aug. 11 – National: Play in the Sand Day, Hip Hop Day, Raspberry Bombe Day.

August – 31 Reasons To Celebrate on page 4

Hear Ye! Hear Ye!

Heron's Glen Residents, you now have access to professional and knowledgeable expertise about **MEDICARE HEALTH PLAN OPTIONS** in your neighborhood. With 32 years of experience, **DENISE HORTON** can assist you in countless ways.

NEW TO MEDICARE OR TURNING 65 SOON?

Denise is a homeowner and a year-round resident of the Solana community in the Heron's Glen neighborhood. She loves what she does. She knows that education is paramount to reaching an informed decision regarding your choice of health plan benefits. She is always happy to help answer any questions you may have about Medicare Advantage Plans, Medicare Supplement plans and all your Medicare health plan options.

Don't delay—reach out to Denise today!

The Medicare Annual Enrollment Period is coming soon—it runs from October 15th–December 7th.

Denise A. Horton, LUTCF
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August – 31 Reasons To Celebrate from page 3

Aug. 12 – National: Middle Child Day, Vinyl Record Day, World Elephant Day.

Aug. 13 – National: Garage Sale Day, International Left-handers Day.

Aug. 14 – National: Love Your Bookshop Day, Creamsicle Day, World Lizard Day.

Aug. 15 – National: Indian Independence Day, Lemon Meringue Pie Day, Relaxation Day.

Aug. 16 – National: Rum Day, Roller Coaster Day, Tell a Joke Day.

Aug. 17 – Indonesia Independence Day, National: Black Car Appreciation Day, Nonprofit Day, Thrift Shop Day.

Aug. 18 – National: Couples Day, Fajita Day, Ice Cream Pie Day.

Aug. 19 – International Orangutan Day, National: Photography Day, Potato Day, World Humanitarian Day.

Aug. 20 – International: Geocaching Day, Homeless Animals Day, World Bee Day.

Aug. 21 – National: Spumoni Day, Senior Citizens Day.

Aug. 22 – National: Bao Day, Take Your Cat to the Vet Day, Tooth Fairy Day, World Plant Milk Day.

Aug. 23 – National: Buttered Corn Day, Hug Your Sweetheart Day, Cuban Sandwich Day, Sponge Cake Day.

Aug. 24 – National: Pluto Demoted Day, Peach Pie Day, Waffle Day.

Aug. 25 – National: Banana Split Day, Park Service Day, Secondhand Wardrobe Day.

Aug. 26 – National: Cherry Popsicle Day, Dog Day, Women's Equality Day.

Aug. 27 – National: Banana Lovers Day, Just Because Day, World Rock Paper Scissors Day.

Aug. 28 – National: Bow Tie Day, Cherry Turnover Day, Red Wine Day.

Aug. 29 – National: Lemon Juice Day, More Herbs, Less Salt Day, Chop Suey Day.

Aug. 30 – National: Beach Day, Holistic Day, Toasted Marshmallow Day.

Aug. 31 – National: Eat Outside Day, Trail Mix Day, Zoo Awareness Day.

If you haven't found enough reasons to celebrate, take note of these monthly observances: American Artist Appreciation Month, Black Business Month, Family Fun Month, National Golf Month, National Peach Month, National Sandwich Month and Summer Sun Safety Month.

So, who made up these crazy holidays and what cities or states celebrate them? This reporter can't tell you because she doesn't know. But she does know, as you all do, that many cities in the United States do have fun festivals and holidays throughout the year and not just in August. In the spirit of celebration, why not declare today National Patience Day and take the time and patience to read this article, if you haven't already. And every month should be *The Heron* Appreciation Month as you read our community newspaper from the first page to the last. Have fun this August. I know I will.

Easy To Make And Tasty To Eat

Submitted by Anita Sharninghouse

Below are a few of my favorite hot weather dishes. They came to me from some of my favorite online sites: *Mom on Timeout* and *Taste of Home*. Over the years I've enjoyed many of their recipes. I hope you enjoy these as much as I have.

Grape Salad

From *Mom on Timeout*

This recipe includes a salad dressing I hadn't made before, and it is perfect for this dish.

Ingredients

8 ounces cream cheese room temperature
1 cup sour cream set out for 30 minutes
¼ cup granulated sugar (can use up to ½ cup)
1 teaspoon vanilla extract
2 pounds seedless green grapes rinsed and patted dry
2 pounds seedless red grapes rinsed and patted dry
¼ cup light brown sugar
½ cup chopped pecans divided

Instructions

1. In a large bowl, or the bowl of a stand mixer, beat softened cream cheese and sour cream together until smooth and creamy.

2. Add granulated sugar and vanilla extract and beat until smooth.

3. Fold in the grapes and half of the chopped pecans until evenly coated. Cover with plastic wrap and chill for at least one hour, best if chilled overnight.

4. Just before serving, top with a few extra grapes cut in half and sprinkle with brown sugar and remaining chopped pecans. Serve chilled.

Antipasto Skewers

From *Taste of Home*

This makes 40 appetizers, but I enjoy them as a main dish for dinner. With this hot weather I find this a perfect main dish for a small meal or even a snack for lunch. You can easily make fewer skewers.

Ingredients

1 9-ounce package refrigerated cheese tortellini
40 pimiento-stuffed olives
40 large pitted ripe olives
¾ cup Italian salad dressing
40 thin slices pepperoni
20 thin slices hard salami, halved

Instructions

1. Cook tortellini according to package directions; drain and rinse in cold water. In a large bowl, combine the tortellini, olives and salad dressing. Toss to coat; cover and refrigerate for 4 hours or overnight.

2. Drain mixture, discarding marinade. For each appetizer, thread a stuffed olive, a folded pepperoni slice, a tortellini, a folded salami piece and a ripe olive on a toothpick or short skewer.

Strawberry Sorbet

From *Mom on Timeout*

This is a perfect item to make with small children or just for dessert loving adults.

Ingredients

1 cup granulated sugar
3 cups water
5 cups fresh or frozen strawberries cleaned and quartered (about 2 pounds)
2 tablespoons lemon juice or lime juice

Instructions

1. Rinse strawberries thoroughly and quarter. Set aside.

2. In a medium saucepan, bring water and sugar just to a boil over medium-high heat.

3. Keep stirring until sugar is completely dissolved. Remove from heat and let cool.

4. In a large bowl, combine syrup, lemon juice and prepared strawberries.

5. Transfer, in small batches if needed, to a blender or food processor and process until completely smooth.

6. Pour the mixture into a freezer safe container and freeze overnight or for a minimum of 6 hours.

7. Store leftovers in freezer for up to 2 weeks.

Cars And Carts And Bikes, Oh My!

By Jack Nelson, Herons Glen

And walkers and doggies and trucks, watch out! Be careful and be all eyeballs, as my flight instructor used to tell me. The day I moved into the Glen; I knew that I'd need to take my time driving around town in my SUV. When I first saw the 16- and 26-mph signs, I thought those numbers were rather odd, but as I drove around the community noticing the bustling activity, I knew they were reasonable, and necessary.

Now, 14 years later, nothing has changed. The Glen is still a very busy place. With so many projects in progress and so many contractors busy with homeowners, I'm still all eyeballs. Wildlife doesn't make it any easier. I'm constantly on the lookout for bunnies, those unpredictable squirrels, and sandhill cranes that move across our streets slower than molasses in January. I pray that I will never bump into one of those big birds.

Now, as I'm writing this article, there's a new safety concern out there. Our main street, also known as Herons Glen Boulevard, is undergoing a major facelift. Red cones, dozens of them, are strewn about to keep us from driving into construction areas, ditches where curbing is being replaced. I would be totally embarrassed if I accidentally drove into one, and I'd probably need a tow to pull me out.

I encountered my first detour on July 5. It was located at the intersection of Via La Quinta and the Boulevard. To get to the clubhouse I had to head east on La Quinta, then make a quick left onto Via Presidio, then another left onto Valparaiso. The rest of the "journey" was easy, and it gave me a chance to view all of those beautiful homes along the way.

I pay particular attention to golf carts. Most of them move along at a pretty good clip. The golfers are anxious to get to the next hole. Whenever I follow a cart, I stay behind it unless the driver waves me around. I'm in no hurry unless I really have to use the bathroom, and fortunately that doesn't happen very often.

The street that commands my most undivided attention is Via Verde, which becomes Embarcadero Way on the north side of the Boulevard. Via Verde is one of the shortest streets in the community. There are no homes on this street; only beautiful live oaks, which make the street look like a park. It's a haven for doggie owners to bring their pets to do their daily business, and that is why I drive through the area at a snail's pace. I would never forgive myself if I ever bumped into a dog. Fortunately, every dog owner I've ever passed is careful to keep them out of harm's way. Kudos to those folks.

So, in the Glen, it's busy, busy, busy! And wouldn't it create a sensation if the Boulevard, when it gets resurfaced, was paved with yellow bricks! To make our wishes come true, we could all follow it to see the wonderful wizard! Oh my!

It Takes Only One Person

By Sarah Schoon, Herons Glen

I am amazed by the thought that it takes only one person to make a difference in your day or even your life.

Recently when I was swimming laps in an indoor pool in Iowa, one of the young lifeguards approached me and asked if I wouldn't be happier swimming in the area of the pool designated for lap swimming. While I was aware of the area, I held off on using it because I am not the best swimmer. I need to be able to put my feet on the floor of the pool if I need to. So, I had settled for swimming across the shallow, multipurpose area of this rather large swimming pool.

After asking her some questions, I decided to give it a try. I think in the long run it probably made the pool walkers happy and made my life a little easier. And yet, I had been doing it this way for years and none of the other lifeguards had approached me and asked me that same question. I think about her every time I swim laps at that pool.

In another instance, I was working out with stationery weight machines in the gym and a very nice, young man asked me if it was all right if he used the machine next to me. You never really know what kind of routine your fellow weight trainers have in mind, but he did the best thing, he asked.

I am also amazed at the immediate reaction of people you meet in the street or while shopping if you smile at them. There are some parts of the country where it may not be perceived in the same way, but in most places, the smile is returned. It is as simple as that to make a difference.

Speaking of gyms and pools, I am quite anxious to see the new pool in Herons Glen and to try the new equipment that Tony Johnston provided a tutorial of in an email. The summer will soon be over in Iowa, and we will be heading back to see all the changes.

Herons Glen Official Sources For Information

Herons Glen Golf and Country Club website:

<http://hgccc.com>

Herons Glen Homeowners Association website:

<http://heronsglenhoa.org>

Herons Glen Recreation District website:

<https://heronsglenc.com>

Herons Glen Facebook page:

<https://www.facebook.com/HeronsGlen>

HOA weekly bulletin emails and online:

http://www.hgccc.com/hghoa/files/office_news.html

HGRD weekly newsletter emails and online:

<https://heronsglenc.com/group/pages/communications>

The Heron newspaper online:

<http://hgccc.com/hghoa/files/newspaper.htm>

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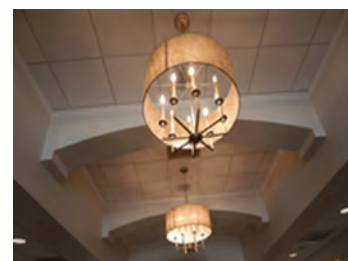
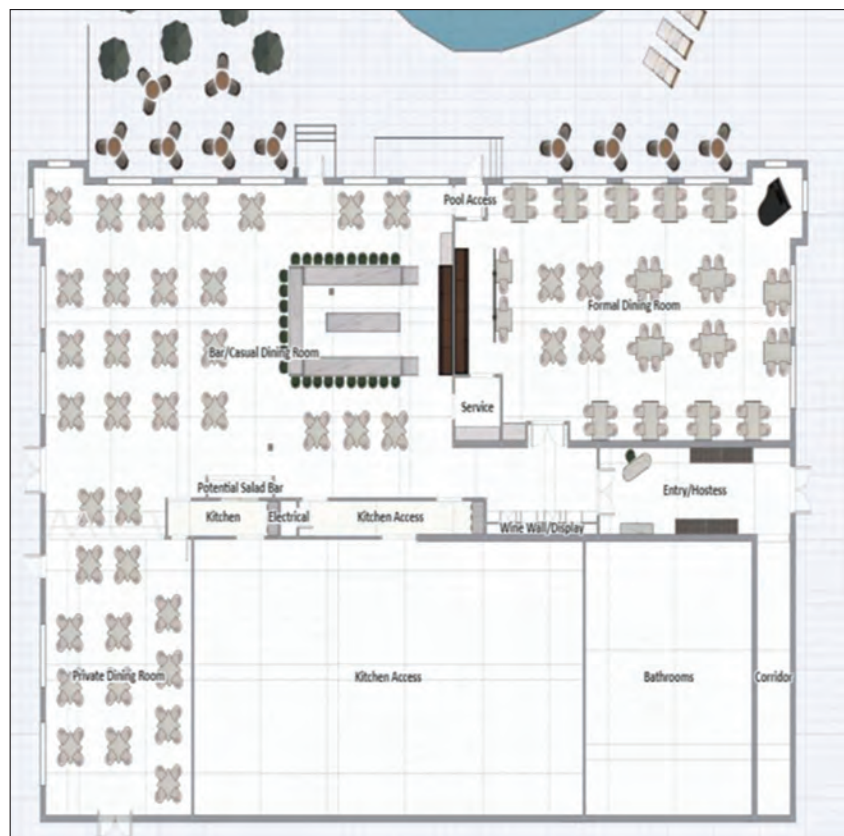
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Catch The Action

August On The Water

By Capt. Bill Russell

On the water around Southwest Florida in August means dealing with steamy hot weather and the possibility of daily thunderstorms. Fishing can be good for the month if you don't mind working around the weather.

Summer days give us flat calm seas over the morning hours, perfect for running offshore. Our coastline is dotted with man-made artificial reefs; many well within sight of land with GPS coordinates available to the public. If you are an inshore angler, it's a nice change of pace to make a short run offshore, especially during the heat of summer when the inshore water temperatures are so high.

Fishing around the reefs, you never know what you might hook into; everything from tasty snapper to huge goliath grouper who call the reefs their home. To get the most out of the day you want an assortment of tackle that can manage the fish you target and any surprise guest. Obviously with snapper you do not need super heavy tackle, the lighter the better for the best action. But, if you want to attempt to pull a big goliath grouper from his home you will need a rig extra heavy, we're talking 200- to 400-pound line. And many times, that's not heavy enough.

In between snapper and goliaths is the possibility of Spanish and king mackerel, cobia, permit, barracuda, snook, grouper, sharks of all sizes, plus many other species. A common method is to anchor up, deploy a chum bag, and fish several different line class rods and baits for a variety of fish.

Inshore sea trout fishing is good through the summer. Look for larger trout over areas of open water where shallow sandbars transition to deeper grass flats from 3 to 6 feet deep with good water movement. Schools of small baitfish concentrate in these areas. Trout, plus Spanish mackerel, bluefish, ladyfish, and sharks are located around the bait. Diving pelicans, terns and gulls often give up the location of schooling bait.



Mangrove snapper fishing is a good choice throughout the inshore and nearshore waters. They gather around structure with good water movement; this could include any of the Gulf passes, docks and jetties, bridges, piers, and natural or man-made reefs. For bait, live shrimp, pilchards, and small pinfish is the ticket, plus small pieces of cut bait. Snapper have excellent vision; a small circle hook with 3 to 4 feet of 10- to 20-pound fluorocarbon leader will put the odds in your favor. Snapper are hard fighting for their size and are one of the absolute best tasting fish in our waters. If you have visitors over the summer, snapper can make a great target and reward you with a fine dinner.

Good numbers of snook are roaming the surf along the Gulf beaches throughout the summer and are a sight fishermen's dream. Most snook are under 26 inches, but there are much bigger fish mixed in. Pilchards, herring, small pinfish, one-eighth or one-quarter ounce white bucktail jigs, and a variety of small white flies are top baits. Look for the fish right off the edge of the beach in the surf or near any type of submerged structure. Remember snook are catch and release only; quickly return them to the water. Snook, like most fish are most active early and late in the day over the summer months.

Whatever type of fishing or water activity you choose, be smart, drink plenty of water, and watch those thunderstorms.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www.fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 27 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."





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From The Desk Of Sheriff Carmine Marceno

The Realities Of Distracted Driving

It's difficult to believe that there was a time that we couldn't communicate instantly, obtain immediate information, text and call from our vehicles.



We have all, to varying degrees, become dependent upon our smart devices and cell phones. Much like other addictions, we compulsively reach for our cell phones and struggle when we are unable to do so.

While many believe that they have become somewhat "proficient" at using their phones while driving, this practice has become one of society's prevailing perils.

When we consider risky and unhealthy behaviors we, as humans, have a tendency to believe that the consequences only happen to others ... until it happens to us or to a loved one.

An incident in Arizona that occurred in January reminds us of the potential catastrophes that can occur when we take our eyes off of the roadway. A collision on Interstate 10 resulted in the death of five individuals. The report, identifying the cause, was just released.

A driver of a semi-truck stated that he received a message shortly after 6 a.m. as he proceeded eastbound on the highway. As he momentarily turned his attention away from

the interstate to look at his phone, he quickly realized that he was unable to stop his vehicle without striking passenger vehicles in front of his truck. His truck crushed two passenger vehicles causing them to burst into flames.

The Department of Public Safety report concluded, following a forensic examination of his cell phone, that the driver of the truck was "actively using the TikTok application on his cell phone at the time of the collision."

In addition to killing five innocent people, the driver has been charged with 10 felony charges including five counts of manslaughter.

In retrospect, we would all agree that the decision to view TikTok videos while driving was horrific. However, many will shrug off this tragedy and continue to utilize their cellular devices while driving.

While Florida Statute 316.305 allows law enforcement officers to stop motor vehicles using wireless communication devices and issue citations for drivers who are "manually typing or entering multiple letters, numbers, symbols, or other characters into a wireless communications device or while sending or reading data on such a device for the purpose of nonvoice interpersonal communication, including, but not limited to, communication methods known as texting, emailing, and instant messaging," this means little following a catastrophic incident.

So, what will it take to convince you to put down your phone and drive?



Consumer Alerts

Publishers Clearing House Deceived Consumers About Their Sweepstakes Contests

By Alvaro Puig, Consumer Education Specialist

It's illegal for a company to tell someone to pay to enter a sweepstakes contest, or that buying something increases their odds of winning. You might not be surprised if a fly-by-night contest promoter deceived people by saying these things. But would you expect a well-known company that's been running sweepstakes for decades to deceive people?

The FTC says that Publishers Clearing House (PCH) used language and designs on its website and in its email marketing that tricked consumers, including many older adults, into believing they had to buy things on the PCH website to enter a sweepstakes, or that doing so would improve their chances of winning a prize.

Customers who did buy something on PCH.com were in for a few surprises. (And they didn't involve someone arriving at their door with a giant check and a TV crew). The FTC says:

- PCH hid shipping and handling fees that added an average of 40 percent to customers' orders.

- PCH's claims that orders were risk-free were bunk. Customers had to pay the shipping costs to return merchandise.

As part of a settlement, PCH agreed to pay \$18.5 million, among other things.

If you're considering participating in a sweepstakes contest, here's what to know:

- Real sweepstakes are free and by chance. It's illegal to ask you to pay or buy something to enter.

- If you sign up for a contest, the promoters might sell your information to advertisers. If they do, you're likely to see targeted ads online and get more junk mail, telemarketing calls, and spam email.

- Scammers try to trick you into believing you won a prize. Never share your financial information or pay fees, taxes, or customs duties to get a prize.

Learn more about recognizing prize and sweepstakes scams. And if you see a prize scam, report it to the FTC at ReportFraud.ftc.gov.

BROADWAYPALM

PRESENTS

July 7 - August 12

This Disney classic comes to life on the Broadway Palm stage! Take a dive into a magical kingdom where the beautiful mermaid, Ariel, longs to leave her ocean home to live in the world above. When Ariel falls in love with the human Prince Eric, she makes a bargain with the evil sea witch, but the bargain isn't what it seems. You'll see all your favorite characters and hear the irresistible songs including *Under The Sea*, *Kiss The Girl*, *Part Of Your World* and more!

August 18 - September 16

This clever adaptation of the Agatha Christie classic boasts glamour, intrigue, suspense and humor. The luxurious Orient Express is surprisingly full for the time of the year, but by morning the train is one passenger fewer. An American tycoon lies stabbed to death, his door locked from the inside. Isolated and with a killer among them, the passengers rely on detective Hercule Poirot to find the murderer before he or she strikes again.

Dates may be subject to change.

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Lee Health Launches Emergency Preparedness Website

Lee Health has unveiled a comprehensive emergency preparedness website on www.LeeHealth.org and it's one of just a handful of hospital systems in Florida that has this type of resource available. The website will serve as a dedicated resource for the Southwest Florida community and other individuals seeking information and resources for emergencies, such as natural disasters and public health situations. The website is the result of a collaborative effort between Lee Health and its community partners.

The Lee Health Emergency Preparedness Website features several different sections that the community can utilize as a one-stop-shop for information, emergency action plans, resources and helpful links. It shares resources from community partners, including Lee County, the City of Fort Myers, the Centers for Disease Control and Prevention (CDC), the Federal Emergency

Management Agency (FEMA) and more.

The new site is located at www.leehealth.org/emergency-preparedness and includes several different resource sections:

- **Natural Disasters:** How to stay safe before, during and after natural disasters, such as hurricanes, tornados and floods. Information will also be provided for medically insecure patients.

- **Public Health Emergencies:** Information on any ongoing public health emergencies (like the COVID-19 pandemic). This will include information on the public health emergency, testing sites and where to get vaccines, if applicable.

- **Emergency Action Plans:** How to create a plan to ensure the safety and well-being of you and your family. This will include evacuation procedures, emergency supplies, practice drills, identifying a shelter-in-place location, communication protocols, emergency contact information and more.

- **Resources and Helpful Links:** Direct links to resources from the CDC and FEMA. There will also be information on plans for patients with asthma, food allergies and anaphylaxis.

Lee Health is committed to ensuring the health and safety of our community and helping Southwest Florida families be prepared for every type of emergency. We believe your safety should be your top priority.

"When you can make a plan ahead of time and access everything you need in one central place, it makes a big difference," said Chris Simoneau, chief development, marketing and communications officer. "Knowing what to do and being prepared helps our community stay calm and ensures the safety of themselves and their loved ones. We couldn't have done this without our partners throughout Southwest Florida who are committed to keeping our community safe during emergencies. We are grateful for their support and we are here for you. Together, we can weather any storm."

About Lee Health

Since the opening of the first hospital in 1916, Lee Health has been a health care leader in Southwest Florida, constantly evolving to meet the needs of the community. A nonprofit, integrated health care services organization, Lee Health is committed to the well-being of every individual served, focused on healthy living and maintaining good health. Health care services are conveniently located throughout the community in four acute care hospitals, two specialty hospitals, outpatient centers, walk-in medical centers, primary care and specialty physician practices and other services across the continuum of care. Learn more at www.LeeHealth.org.

Sports News

Calling All Bowlers

By Linda Protani, Herons Glen

The Herons Glen Fall Mixed League is looking for bowlers – everyone welcome. The league will start in early October and will last 23 weeks. The league bowls at Coral Lanes, a Bowland facility, located on Santa Barbara Boulevard just south of Pine Island Road. We bowl on Tuesday afternoon at 2 p.m. If you are interested, please contact heronglenbowl@gmail.com, Cindi Woodward, (845) 798-7865 or Linda Protani, (239) 747-5313.

Fourth Of July Scramble Winners

Flight 1

First place: 53.9 Pete and Maryann Polvinen, Robert and Dianne Fowler – \$46 each
 Second place: 54.7 John Darcy, Rich Morea, Ron Klewin, Wayne Heard – \$29 each
 Third place: 54.9 Gregg Good, David Dorman, David Wilcox, Mark Dorman – \$20 each

Flight 2

First place: 56.1 Lenny Prince, Dennis Rathburn, Ed Roever, Dave Jager – \$46 each
 Second place: 56.7 Dave and Cindy Matheny, Mike Toomey, Andrea Edmunds – \$29 each

Third place: 56.8 Glenn and Heidi Price, Gary and Lori Vivian – \$20 each

Flight 3

First place: 53.2 Gordon and Stephanie Wagoner, Phil Bondi – \$46 each
 Second place: 54.4 Brian and Denise Johnson, Mike and Bonnie Bickel – \$29 each
 Third place: 54.9 Mary and Tom Donoghue, Mike and Margaret Donoghue – \$20 each

Closest To The Pin – \$10

Hole No. 4 Cindy Matheny – 9’
 Hole No. 7 Tim Bruce – 7’2”
 Hole No. 11 Bob Agate – 3’4”
 Hole No. 14 Nancy Sundburg – 11’4”

Longest Putt – \$10

Bob Viao – 28’6”

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The winners of the \$100 June 24th receipt drawing were Pam Johnson and Chuck Rimplinger. The next \$50 drawing will be Saturday, July 1st.

The winners of the \$50 July 1st receipt drawing were Nancy and Eric Sundburg. The next \$50 drawing will be Saturday, July 8th.

The winners of the \$100 July 15th receipt drawing were Laura and Tim Cretens. The next \$50 drawing will be Saturday, July 22nd.

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