



Thank You Anita

By Karen Jessop and The Heron Newspaper Staff

Anita Sharninghouse's picture first appeared in the editor's box as newspaper coordinator on March 2015. She assumed the position of coordinator after Pat Schmidt moved from the Herons Glen Community.

At the time Anita joined *The Heron* staff, Don Campbell was delivery coordinator and the following four editors were on the staff: Marie Glasgow, Karen Jessop, Linda Lynch and Linda Madl. One of the major responsibilities of *The Heron* coordinator is to ready the paper for the publisher, Seabreeze Communications. The coordinator is the primary contact between *The Heron* staff and Seabreeze.

As one editor said, "Anita has always been such a pleasure to work with, her leadership skills and sense of humor were some of the reasons why *The Heron* has been such a successful publication through the years." She is always ready for a good chuckle, family story and great recipes. Now that Anita has resigned from the coordinator position, we will work even harder to live up to the high standards she set for our team. Words can't thank her enough for her eight years as *The Heron* coordinator. We'll certainly miss her.



Anita Sharninghouse

Hurricane Preparation 2023 From The SSEP Committee

By Craig Woolley, Herons Glen

Another hurricane season is upon us and your level of preparation before a hurricane can have a significant impact on how well you weather the storm and how quickly you recover from it. Consider preparing your home, inside and out, long before a storm is in the forecast. In the end, you can never be too prepared when it comes to protecting your loved ones and your property from hurricanes and other extreme weather events.

Know The Forecast

You may hear the terms "Hurricane Watch" and "Hurricane Warning" in your local forecast. Understanding the difference between them is essential to helping you prepare for a hurricane. As soon as a Hurricane Watch or Hurricane Warning is forecast for your area, it is important, depending on the type of alert, to immediately begin or complete your preparations. A Hurricane Watch means hurricane conditions are possible within 48 hours. Begin stocking up on emergency supplies in the event a warning is issued. If you live in a coastal area, you also should be prepared to evacuate. A Hurricane Warning is more serious. Hurricane-force winds (74 mph or higher) are expected to hit your area within 36 hours. Seek shelter or evacuate, if notified to do so.

General Hurricane Preparation Tips

- Prepare a survival kit that includes items such as water, nonperishable food and medications for everyone, including your pets; a portable radio; flashlights; batteries; and battery chargers for your cell phones and other portable electronic devices, which can be powered by your car.
- Plan your evacuation routes and leave as soon as an evacuation order is issued. Also, fuel up your car before you leave.
- Build an inventory of the items in your home or at your business.
- Secure all outdoor objects or move them inside. Close your home's storm shutters and board up windows and glass doors as appropriate.
- If possible, bring in gas or charcoal grills, but do not use them indoors. Also, do not store propane tanks inside the house or garage. Chain propane tanks in an upright position to a secure object away from your home.
- Secure your boat or move it to a safer place.
- Fill your emergency generator fuel tank, if you have one, and have spare fuel on hand. Store generator fuel in an approved container in a garage or shed, away from open flames, heat sources and appliances such as natural gas appliances.

Hurricane Preparation 2023 on page 3

Memorial Day Memories

By Don DeWitt, Herons Glen

Ladies and gentlemen, Welcome to today's ceremony and thank you for attending. I'm honored to be speaking with you today on such an important occasion. We're here today to honor our service members and to remember the sacrifices they have made in honor of duty and country.

Today is a special day of honor and reverence; it is a solemn day. Today we must recognize an unfortunate fact of life; our beloved country was formed and is protected by the blood of warriors. As unfortunate as this is, we can be thankful, because over the years,



America has answered the call every time our way of life has been threatened. No one has more accurately described what someone puts on the line when they sign a contract to serve in the armed forces than our Secretary of Defense Jim Mattis, then a general in the United States Marine Corps. In an address to Iraq and Afghanistan veterans Mattis said, "You signed a blank check payable with your lives to the American people." With a simple analogy, he captures the moment of signing when a civilian Department of Defense employee hands a young man or woman a black pen in a cubicle somewhere inside a military entrance processing station. You take the pen, and you think nothing of it, because your mind is already made up. Unbeknownst to many, their fate is sealed with the final stroke of that black pen.

There are many veterans among us today, including myself, but today is not our day. Today is the day that has been made for the ones who left home but did not return. We gather in order to remember those who have made the ultimate sacrifice for us, and to pay them homage. Memorial Day was first observed on May 30, 1868, after being proclaimed by General John Logan, National Commander of the Grand Army of the Republic. Logan's stated purpose for observing the holiday was to "gather around the sacred remains of our comrades who died in defense of our country. Garland the passionless mounds above them with the choicest flowers of springtime and raise above them the dear old flag they saved from dishonor." Logan suggested a respectful and gracious disposition for the



Memorial Day Memories on page 7

Volunteers Needed

Newspaper delivery people are needed to deliver *The Heron* newspaper to your friends and neighbors. The job is once a month delivery to a determined number of homes in your neighborhood. If you're able to help, please contact the Delivery Coordinators Pat and Rick Scharf at prscharf@gmail.com or (574) 277-1970. Many volunteers make light work.



Community News

Coming Soon

July 13	Food Trucks	Parking Lot
July 13	Rick Austin	Lounge
July 20	Food Trucks	Parking Lot
July 20	Knife Sharpening	Parking Lot
July 20	Jay Smith	Lounge
July 27	Food Trucks	Parking Lot
July 27	Ron Lorenzo	Lounge
Aug. 3	Food Trucks	Parking Lot
Aug. 3	Jersey Vic	Lounge
Aug. 10	Food Trucks	Parking Lot
Aug. 10	Double Dare Duo	Lounge
Aug. 14	Bloodmobile	Parking Lot
Aug. 17	Food Trucks	Parking Lot
Aug. 17	Knife Sharpening	Parking Lot
Aug. 24	Food Trucks	Parking Lot
Aug. 24	Rick Austin	Lounge
Aug. 31	Food Trucks	Parking Lot
Aug. 31	Ron Lorenzo and Renee Scott	Lounge

HOA And HGRD Schedule Of Meetings

The following is a listing of HOA and HGRD meetings known at the time of publication. As these **dates are subject to change**, please check the Herons Glen website calendar and the community channel for updates.

Calendar Of HOA Meetings July

All committee meetings are via Zoom/HOA Conference Room unless noted otherwise.

- July 11 Architectural Review Committee, 9 a.m.
- July 12 Board Meeting, 5 p.m.
- July 13 Grounds Committee, 1 p.m.
- July 25 Architectural Review Committee, 9 a.m.
- July 27 Finance Committee, 1:30 p.m.
- July 28 SSEP Committee, 8:30 a.m.

Calendar Of HGRD Meetings July And August

All committee meetings are via Zoom/Card Room C unless noted otherwise.

- July 13 Golf Committee, 9 a.m.
- July 17 Board Meeting, 9 a.m.
- Aug. 7 Board Meeting, 9 a.m.
- Aug. 10 Golf Committee, 9 a.m.
- Aug. 15 Finance Committee, 11:30 a.m.
- Aug. 30 Budget Meeting, 5 p.m., Ballroom

In Memoriam

Joan Savage
Patricia Schach
Nick Vitale

forever in our hearts

President's Report

By Rick Romine, Herons Glen

It is June and our Finance Committee along with our management team are focusing on next year's budget (Oct. 1, 2023, through Sept. 30, 2024). Taking into consideration the high inflation rate, increases already seen from various vendors and the HGRD, and projecting budget items which have yet to be quoted along with the costs associated with *Hurricane Ian*, some of which are partially offset with longer term contracts which have built-in inflation factors, in most cases, significantly lower than what we are currently experiencing, they will do their best to control next year's budget while providing adequate reserves to meet our future needs. Next year's proposed budget will be discussed at the July workshop and voted on for publication at the July Board meeting. It will then go out to the owners/residents and be adopted at September's Board meeting.

Our Communications Committee has been reformed and is focusing on how to improve communications within the community. This committee, along with our other committees, are seeking volunteers for next year; please consider completing a volunteer form for next year. We could really use your help.

Welcome

Pamela and John Cappitell
Nancy and Craig Ebersole
Cynthia and David Jones
Amy and Glen Kelly
Joann Scott
Donna Snead
Cheryl and Lonnie Thomas

Save The Date

The Herons Glen Craft Fair will be held this year on Nov. 4 from 9 a.m. to 2 p.m. in the ballroom. This is your opportunity to shop for holiday gifts and décor, crafts, jewelry and much more. Be sure to mark your calendar. You don't want to miss it.



Need Transportation

By Jack Cotter, Herons Glen

The Veterans of the Glen Outreach Committee and Friends Helping Friends



Transportation Committee have joined in a partnership to help Herons Glen residents who are in need of transportation to medical appointments, food shopping, prescription pickup or other urgent need. **Please do not call for rides to/from airport.**

Residents may contact individuals from either organization listed below. A 24-hour advance notice would be very helpful. Call a volunteer from the list below during the period of May 1 through Sept. 30.

VOG Committee Chair Jack Cotter, (860) 490-2183; Mike Zarella, (541) 292-2714; Dee Hanks, (239) 470-6593; Bob Agate, (609) 731-5909; Bruce Johnson, (716) 472-3860.

We are always looking for volunteers. Please contact Jack Cotter if you have an interest in volunteering.



Article Deadlines For The Heron

Issue Month/Year	Date Due To The Heron
August 2023	Sunday, July 16
September 2023	Saturday, August 19

Articles should be sent to
HGNewspaper@gmail.com.

Editorial Staff Volunteers

Photos by Dick Muller



Karen Jessop - Editor



Linda Lynch - Editor



Jack Nelson - Editor



Pam Scheid - Editor



Becky Gignac
Newspaper Coordinator



Rick and Pat Scharf
Delivery Coordinators

The HOA Communications Committee serves as the supervisory body for The Heron per Article IX of our by-laws.

Christine Kozak is the committee liaison from the HOA Board of Directors.

The Heron Editorial Policy is on file in the HOA office.
Articles for The Heron may be dropped off or mailed to
The HOA Office,
2250 Herons Glen Blvd., N. Fort Myers, FL 33917
or emailed to hgnwspaper@gmail.com.



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Community Interests

Singles

By Louise Roessler, Herons Glen

The Singles of Herons Glen are having a very busy summer. Besides our regular meetings the second Wednesday of every month various members suggest and arrange for numerous other activities. On May 1, Bob Agate arranged for a miniature golf outing at PopStroke in South Fort Myers. Marla Pierce led a group to Celtic Fest at Fishermen's Village on May 13. Ginny Varney arranged for 21 of us to see the Eagles tribute band at Cape Cabaret on May 24. On May 28, Gloria Bleser was responsible for over 21 singles to attend the All-American County BBQ and dance at the German-American Club on Pine Island Road. On May 31, Marla arranged for nine of us to see *Book Club: The Next Chapter* at Merchant's Crossing. After the movie we went to dinner at Smokin' Pit Bar-B-Q and enjoyed their Wednesday night special of 50-cent beer with any entree purchased.

On June 18, Rita Lehman arranged for a boat trip to



Cabbage Key with lunch at the historic restaurant there filled with dollar bills over the walls. Unfortunately, it had to be cancelled due to stormy weather. On June 22, Bob Agate arranged for 30 of us to have dinner at Visani's Italian Steakhouse in Port Charlotte followed by the Anthony Rodia comedy show. Joyce Russell planned a trip to Sarasota on July 10 to have lunch at the Columbia Restaurant in St.

Armand's Circle followed by free admission (available only on Monday) to the Ringling Art Museum. Barbara Benke planned a movie night to see *You Hurt My Feelings* on June 28. Ginny Varney has reserved a table at Cape Cabaret for the Elvis Show on July 22. Andy Edmunds arranged for us to have dinner at Pioneer Pizza in Punta Gorda on July 1. Barbara Benke is planning an evening at the Broadway Palm for an interactive Murder Mystery dinner event aiming for Aug. 2. Gary Olson has reserved two tables of eight for our group at the Veterans of The Glen Dance next November and they have all been spoken for.

Six new members were welcomed at our June meeting: Donna Snead, Phyllis Smith, Andrea Curran, Brigitte Link, Tom Mayo, and Ron Villwock. There were so many activities being planned and discussed that we had to rush through the meeting in order to get to the lounge for dinner before they closed at 6 p.m. Since the dining room is closed on Wednesday for the summer, it was decided in the future we will meet at 4 p.m. instead of 4:30 p.m. to allow more time at the meeting. Sign-up sheets for the various activities are in the lobby book and Marla has also added a summary of the last meeting as well as emailing it to everyone on our contact list.

If you are single, living in Herons Glen, and would like to become a member of our group, just send an email to Marla Pierce, marla10@comcast.net or Louise Roessler, flroessler@att.net with your name and phone number and we will add you to our growing contact list.

Breaking The Barriers

By Jack Nelson, Herons Glen

There are many barriers that we experience in our lives. It was late October in 1947 when Chuck Yeager was the first person to break the sound barrier, flying the Bell X-1 experimental rocket plane. As you may know, the speed of sound at sea level is 750 miles per hour, and at 35,000 feet, it's 650 miles per hour. Why is that a considerable difference? Simply because the air is much less dense at that altitude. That's why jetliners' cabins are pressurized,

Now let's consider the time barrier. For you "Trekkie" fans, you'll probably remember when Captain Kirk ordered warp speed, the *Enterprise* would start traveling faster than the speed of light, thus breaking the time barrier. If

Breaking The Barriers on page 4

Hurricane Preparation 2023 from page 1

The Four Hurricane Myths

Myth No. 1 – You only need to protect the windows facing the water. Hurricane-force winds can turn landscaping materials and other outdoor items into projectiles that can break windows on any side of your home. All windows and glass doors should be secured to guard against high winds and flying objects.

Myth No. 2 – If you lean against a window or door, you can keep it from blowing inward. You are putting yourself in danger if you remain in front of windows and doors. Instead, you should:

- Stay away from windows and glass doors.
- Close all interior doors and brace external doors before the storm.
- Take refuge in a small interior room, closet or hallway on the lowest level.

Myth No. 3 – Open windows to alleviate pressure. This myth is based on the misconception that pressure can build up in your home during a storm to the point of causing complete structural failure. According to the National Oceanic & Atmospheric Administration, no house is built airtight and an over-pressurization to this degree is not possible. Opening windows presents the danger of flying objects entering your home. Therefore, all windows should be closed and shuttered during a hurricane.

Myth No. 4 – The biggest myth is that "it will not happen here." Each year, heavy rains, strong winds, floods and coastal storm surges from tropical storms and hurricanes affect much of the United States, including both coastal and inland areas. Although all of us hope we will not be affected by a hurricane, it is always safer for you, your family and business to be prepared.

Storm Action Timeline

By Barry Glaudel, Herons Glen

Early Summer

- Develop your storm plan.
- Stock your hurricane supply kit.
- Create a checklist of items you will want to take with you if you have to leave.

- Take "before" pictures of your home for insurance purposes.
- Find the elevation of your home.
- Make sure your street address is clearly marked.

Hurricane Watch Is Announced: Hurricane Conditions Are Possible Within The Next 48 Hours.

- Clear your yard of potential flying debris, including lawn furniture, toys, etc.
- Lower the water level in the swimming pool by one foot.

- Start shutters closures.
- Gas up car and check oil level and check tire pressure.
- Get cash. ATMs and banks may not be open after the storm.

- Turn the refrigerator to coldest setting.
- Store plenty of water.

Hurricane Warning Is Issued: Hurricane Conditions Are Possible Within The Next 36 Hours.

- Gather important documents.
- Finish shuttering doors and windows.
- Evacuate if you are ordered to do so.
- If you are staying home, designate a safe room. Interior bathrooms or closets work the best.

- Charge cellphones and other devices.

During The Storm

- Stay indoors.
- Stay away from windows even if they are shuttered.
- Listen to media reports for latest conditions.
- Stay inside even if it appears to be calm. Do not go out until all clear is given.

After The Storm

- The longest part of the process, recovery can take weeks.
- Move slowly and cautiously as you survey and clean up. Most injuries take place after the storm.
- Do not use public water until you are notified that it is safe.
- Avoid travel if possible.
- Do not connect generators incorrectly to house wiring.
- Beware of downed power lines, wild animals and even domestic animals that may be frightened or lost.
- Take pictures of damage and contact your insurance agent.

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Breaking The Barriers from page 3

you traveled on a space mission for a year or two at warp speed, by the time you returned home, everyone would be much older than you. Supposedly.

For me, sometimes I get the feeling that the passing of time is simply too fast. A day seems like only an hour, a week passes by in only a day, a month like a week, and so on. Maybe if, every day, I just sat in my rocker on my lanai and did nothing but watch the grass grow and the clouds roll by, time would certainly pass more slowly. But what kind of existence is that? My tennis racquet would get dusty and my golf clubs would get rusty. My bicycle tires would go flat, and my walking shoes would get mad at me for not giving them their daily exercise, on my feet, of course.

So, I've finally decided that I don't care how fast or slow time passes. There's nothing I can do to change the speed of time, and that's just fine. If I had no appointments to keep, no activities to be involved with, I could toss out my wristwatch, my calendar, and my clocks. But that will never happen. I need my appointments; my doctors and dentists to keep me healthy, my mechanic to keep my car running smoothly, and my bridge and chess clubs to keep my mind alert, hopefully.

So, I'll keep wearing my watch, keep my calendar on the wall with a marker next to it to cross out the dates, and my clocks supplied with fresh batteries so that I may hear them play their charming melodies every hour on the hour. Time is just an idea. You can't pick it up and hold it in your hand. It's a notion we keep in our heads, every minute,

every hour, and every day. Clocks and watches are merely mechanical devices that act as reminders.

If Captain Kirk were to call me to invite me on a space mission, my first question would be if we'd be traveling at warp speed. He'd inform me that the *Enterprise* breaks the time barrier on *all* missions, and he'd be delighted to have me join him on the flight deck. But I would turn him down. That would surprise him, of course. So, if I *did* go on the mission, when I returned, all of my friends would be roaming around the Happy Hunting Ground, wondering what happened to me. Warp speed? No thanks. That's one barrier I will never break!

Highlights From The HOA Weekly Bulletins

From Your HOA Communications Committee

This listing highlights important articles that are covered in recent HOA Herons Glen weekly bulletins distributed by email to residents listed with the HOA office. These issues affect every property owner, their renters, vendors, and guests. The articles are intended to help residents better understand the actual requirements for our restricted community and also include safety information. Reading about and understanding these issues could eliminate the escalation of problems that may result in potential fines.

If you have questions about a subject, you can locate the full article from the bottom left link on the HOA website at http://hgccc.com/hghoa/files/office_news.html, then **click** the link titled HOA News Bulletins, EXTRA! EXTRA! Or you can see the issues listed by date in the middle of the web page under HG HOA News from Management.

June 16 – Proposed Amendments to Home Sale Policy, Requirements for Closed Garage Doors

June 9 – Hurricane Preparation Information from SSEP, AED Location Information from CERT, Community-Wide Standards for Lighting, Light Fixtures and Light Posts

June 2 – Proposed Amendments to ARC Design and Development Guidelines, HOA Committee Volunteer Information, Bicycle Helmet Safety Tips from SSEP, Hurricane Preparedness Links, HGGEMS Emergency Text Message System

May 26 – Flagpole, Flag and Banner Guidelines for Herons Glen
May 19 – Updates on HOA Projects – Asphalt Mill and Overlay for Front Half of Herons Glen Boulevard, Memorial Garden, Street Signs, Guardhouse Generator

May 12 – Proposed Amendments to Architectural Review Committee (ARC) Design and Development Guidelines, Gutter Cleaning to Avoid Wildfire Risks

May 5 – Preventing Heat Stroke in Pets

Please keep this reference guide in a location that's easy for you to find when needed.

July 4 And The Declaration Of Independence: History And Trivia

By Candace Huetteman, Herons Glen

While most everyone in Herons Glen knows the significance of the Fourth of July, I'm sure little is known of some of its history or trivia. The Fourth of July, also known as Independence Day or July 4, has been a federal holiday in the United States since 1941, but the tradition of Independence Day goes back to the 18th century and the American Revolution. When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired independence from Great Britain, and those that did were considered radical.

By the middle of the following year, however, many more colonists came to favor independence as revolutionary sentiments grew. You history buffs probably remember the bestselling pamphlet *Common Sense*, by Thomas Paine that helped gain support for the movement for independence in early 1776.

June 7 of that same year when the Continental Congress met at the Pennsylvania State House (later Independence Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies' independence. After heated debate, Congress postponed the vote on Lee's resolution. Instead, they appointed a five-man committee to come up with an agreeable proposal. The committee included Thomas Jefferson of Virginia, John Adams of Massachusetts, Roger Sherman of Connecticut, Benjamin Franklin of Pennsylvania, and Robert R. Livingston of New York. These five men were to draft a formal statement justifying the break with Great Britain.

It was on July 2 that the Continental Congress voted in favor of Lee's resolution for independence in a near-unanimous vote. The New York delegation abstained but later voted affirmatively. Trivia note: On that day John Adams wrote to his wife Abigail that July 2 "will be celebrated by succeeding generations as the great anniversary festival" and that the celebration should include "pomp and parade

... games, sports, guns, bells, bonfires, and illuminations (fireworks) from one end of this continent to the other."

On July 4, the Continental Congress formally adopted the Declaration of Independence which was written mostly by Thomas Jefferson. Though the vote for actual independence took place on July 2, from then on, July 4 became the day that was celebrated as the birth of American Independence.

More fun trivia facts: John Adams believed that July 2 was the correct date on which to celebrate the birth of American independence, and so in protest, he would turn down invitations to appear at July 4 events. Adams and Jefferson both died on July 4, 1826, the 50th anniversary of the adoption of the Declaration of Independence. Adams died just five hours after Jefferson.

More trivia: After making a total of 86 (mostly small) changes to Jefferson's draft, Congress officially adopted the Declaration of Independence, although most of the delegates didn't even sign the document until Aug. 2. Some impromptu celebrations took place after the declaration's first public readings on July 8, 1776 in front of local militia troops in Pennsylvania and New Jersey. The first organized celebrations of Independence Day would take place in Philadelphia on July 4, 1777.

This reporter sure hopes that you enjoyed your short history review, trivia, and fireworks in honor of this past July 4.

Peter Poster Interred At Arlington National Cemetery

By Pam Scheid, Herons Glen

Photo by Cheri Jadin

Former resident and Korean War veteran Peter Poster was interred with full military honors at Arlington National Cemetery on April 26. Greeted by the Army's Honor Guard, Ruth Poster, Peter's children Kevin and Karen, their children, and Ron Glasgow and Cheri Jadin were escorted to the ceremony site. The Honor Guard accepted the crematory urn and the flag previously presented to Ruth at Peter's funeral.

Once the family was seated, the flag was properly unfolded and held in front of the urn while the chaplain spoke. Again, with great precision, the flag was refolded and presented to Ruth. Kevin was asked to carry his father's remains to the burial niche, where Peter's name is inscribed.

This moving and memorable military farewell ended with the traditional 21 gun salute and the playing of *Taps*, after which, the spent cartridges were presented to the family.

Before Peter passed away, he had expressed his wish to be buried at Arlington. This option is available to any veteran who is honorably discharged, so Ruth contacted the Army, submitted Peter's DD2-14 form, and waited 15 months for his ceremony date.

Ruth's final gift to Peter was also a gift to herself and to Peter's children and grandchildren. Their memories of Peter will always include this very special tribute.



International Progress On Plastic Pollution

By Linda Lynch, Herons Glen

It was in March of 2022 that representatives of 175 nations endorsed a historic resolution at the United Nations Environment Assembly to end plastic pollution and develop an international legally binding agreement over the next two years.

The second of five planned meetings on this issue was held in Paris in late May. This was a continuation of a negotiating session held in Uruguay in December. At this second meeting stakeholders discussed whether the draft agreement should include caps on the production of new plastic, whether certain measures would be voluntary or binding, and whether mandatory goals would apply to all countries or allow for country-specific measures.

The agreement is expected around the end of 2024 and will aim to end plastic pollution by addressing the production, design, and disposal of plastics. An initial draft will be discussed at the next meeting to be held in November in Kenya. More meetings are scheduled for Canada and the Republic of Korea in 2024. Work will be ongoing in between these general sessions.

International Progress On Plastic Pollution on page 5

Herons Glen Official Sources For Information

Herons Glen Golf and Country Club website:

<http://hgccc.com>

Herons Glen Homeowners Association website:

<http://heronsglenhoa.org>

Herons Glen Recreation District website:

<https://heronsglenc.com>

Herons Glen Facebook page:

<https://www.facebook.com/HeronsGlen>

HOA weekly bulletin emails and online:

http://www.hgccc.com/hghoa/files/office_news.html

HGRD weekly newsletter emails and online:

<https://heronsglenc.com/group/pages/communications>


The Heron newspaper online:

<http://hgccc.com/hghoa/files/newspaper.htm>

Community TV Channels 901 and 902

BROADWAYPALM PRESENTS


May 26 – July 1



Footloose

A lively city boy moves from Chicago to a small farming town where rock 'n' roll and dancing have been banned. After the culture shock sets in, he tries to shake things up and overturn the extreme ban. In the process he catches the attention of the lovely preacher's daughter. The Oscar and Tony-nominated Top 40 score includes *Holding Out For A Hero*, *Let's Hear It For The Boy*, *Almost Paradise* and the title song, *Footloose*.

July 7 - August 12



The Little Mermaid

This Disney classic comes to life on the Broadway Palm stage! Take a dive into a magical kingdom where the beautiful mermaid, Ariel, longs to leave her ocean home to live in the world above. When Ariel falls in love with the human Prince Eric, she makes a bargain with the evil sea witch, but the bargain isn't what it seems. You'll see all your favorite characters and hear the irresistible songs including *Under The Sea*, *Kiss The Girl*, *Part Of Your World* and more!

Dates may be subject to change.

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International Progress On Plastic Pollution from page 4

The position of the United States delegation is that any approach should allow individual countries to develop their own national action plans, similar to the Paris climate agreement. Some countries oppose individual approaches, arguing they make it easier for countries to miss targets because there are no universal standards to serve as comparisons with other countries.

According to a 2022 report from the Organization for Economic Cooperation and Development (OECD), about 460 million tons of plastic is produced each year, and this is projected to almost triple by 2060. About half will end up in landfills and less than a fifth will be recycled.

Many stakeholders to the upcoming agreement wish to keep a full plastics life cycle approach in mind. This involves three tenets – eliminate (plastic products we don't need); innovate (so all plastics we do need are designed to be safely reused, recycled, or composted); and circulate (everything we use, keep it in the economy and out of the environment).

One big open question is the role of recycling in the efforts to curtail plastic pollution. There are many environmental groups that want to be sure more emphasis is placed on producing less plastic in the first place, as well as curtailing disposal processes that discharge additives or chemicals into surrounding areas. Environmental groups are convinced we can't recycle our way out of the problem.

Single-use plastics, such as bottles, bags, and food packages, are the most commonly discarded types of plastic and most are made exclusively from fossil fuels. They end their normally short life cycles by polluting oceans, being burned, or being dumped into landfills where they break apart but never decompose.

We as individuals can't solve the plastic problem, but we can do our part. We can be sure to recycle all plastic bags in local grocery store bins, such as at Publix or Walmart. We can bring our own reusable bags when shopping. We can carry reusable water bottles to reduce the disposal of single-use bottles. We can refuse plastic straws.

Let's all do our part as we hope the United Nations is able to craft an effective agreement to help end dangerous plastic pollution.

**Pretty In Pink 2023 FINALE!
Part Three**

By Peggy Lindquist, Herons Glen
Photos By Marta Nelson, Herons Glen
PIP Survival Recognition

And to everyone's surprise a new venue appeared on the ballroom stage! Resident/Director David Muir resurrected



Survivor recognition

the Herons Glen Chorus and to everyone's delight it was exceptionally outstanding. The chorus consists of 35 residents which includes our director, the accompanist, and keyboard page turner. Two songs, Josh Groban's *You Raise Me Up* and Shirley Jones' *You'll Never Walk Alone*, were sung. Once more the attendees were awed and soaked up the words! Hearing the words made us believe in ourselves, that truly during stormy times when we hold our head up high that in the end there is a golden sky! How powerful words can be!

Before our guests of honor (cancer survivors) were recognized a moment of silence was made for three loving women the Glen lost this past year: Nancy Harbour, Dorothy Klewicki and Pat Schach. Honoring our guests is the most touching finale to such a worthwhile fundraising event. This year survivors were called front and center by the number of survival years. Each was given a pink rose to hold and the survivor proudly displayed it like she was receiving an Academy Award. And for some this is an annual reunion where tears are shed, hugs are shared, and the audience recognizes each of them for their resilience and tenacity. It also displays just how strong and supportive the Herons Glen community is for their residents.

The time was just right for resident Mary Koenig to announce the winner of a pink sapphire resting upon a 14-carat gold diamond band! Mary and friend Nancy Gruezke visit Amore Jewelry each year to ask if there's interest in donating a piece of jewelry. This time Bill Skidmore, owner of Bonita Springs' Amore Jewelers not only donated a ring, he took up Mary's offer to accompany her to the Pretty In Pink function. Bill really displayed his kind and giving character when he traveled north to dine with over 100 ladies and then donated such a beautiful piece of jewelry! Mary involved everyone in helping with ticket sales. Tickets were sold to neighbors, friends and various groups (Bingo, Socialites, Golf, etc.) and to people living outside the Glen. For Mary's efforts she was able to contribute a little over \$3,400 or 10 percent of the total Pretty In Pink fundraising. Absolutely outstanding and who won that beautiful pink sapphire bauble? A good friend of Mary's by the name of Rose who lives outside of the Glen. And go figure, what a coincidence ... a winner by the name of Rose? Just more pink! And so, Pretty in Pink 2023 has come to a close, the event successfully raised \$34,287 for Partners for Breast Care Inc. of which \$1,000 will be

contributed to Hearts and Homes for veterans! It's never too early to plan ahead! If you are considering giving your time to a worthwhile fundraising event, please consider joining others for the Pretty in Pink 2024!

If you would like to assist in any way next year, please contact one of the PIP 2024 Committee chairs.

Kim Chuipek – (847) 363-9738, purpletulip7@aol.com
Stacey Dahlstrom – (612) 290-8495, staceyd1957@gmail.com
Karen Popp – (860) 941-2567, kpopp234@gmail.com

Memorial Day In Herons Glen

By Linda Lynch, with input from Bruce Johnson, Herons Glen

In the United States, we have two key holidays to celebrate those who have served in our military. One is in May – Memorial Day – which honors those who have died in service to our country. The other is Veterans Day – held in November – which pays tribute to those veterans, whether currently in the military or not, who are still among us.

Each year, the Veterans of the Glen (VOG) routinely sponsor a heartfelt and touching Memorial Day ceremony in Herons Glen to honor those military men and women who have given their lives for our country and 2023 was no different.

In addition to VOG volunteers who lined Herons Glen Boulevard with American flags, others coordinated a gathering which took place at the entrance to the clubhouse under the portico. The portico offers shade and shelter, regardless of the weather, and also allows a level space for chairs to be set up. There is also a flagpole there from which the American flag can wave in tribute.

This coming-together was open to all in Herons Glen, and about 100 people attended. The VOG presented all attendees with a fabric red poppy, a flower that symbolizes the blood shed during battle and memorializes the men and women who fought and died in war.

Reverend Graham Milligan, a resident of Herons Glen, opened the ceremony with a prayer and played the organ for all of the music. His wife, Jaine Milligan, led all of the songs and sang a wonderful solo, *If You're Reading This*, made famous by Tim McGraw.

The keynote speaker was VOG member Don Dewitt, a former active and reserve member of the United States Marine Corps. Don gave a moving and solemn talk to the audience. His inspiring words are included separately on Page 1 in this issue of our newspaper for all to read.

Bruce Johnson, current president of the VOG, also spoke at the beginning of the Memorial Day golf tournament at the driving range. Bruce's words were a shortened version of Don's speech.

Anyone interested in learning more about the VOG or joining can contact Bruce Johnson, president, by email at swedebaj17@gmail.com or phone at (716) 472-3860.

Community Interests on page 6



Herons Glen Chorus directed by resident/director David Muir

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Community Interests from page 5

Your Recipes Wanted

By Janet Slater, Herons Glen

There's a lot of great food coming from the kitchens of Herons Glen, and The Pretty in Pink Cookbook Committee is looking for your favorite recipes. They'll compile them all into a custom collection that is sure to become a treasured keepsake. Spiral-bound and professionally printed, the cookbook will also make an ideal gift for family and friends. All of the proceeds from the sale of the book will be donated to Partners for Breast Cancer Care Inc.



Please submit one or several of your favorite recipes, anything and everything from driveway eats to fancy treats, as your contribution to the project. Recipes from our men chefs, and any featuring pink would be especially appreciated! Recipe collection forms are available in the pro shop (on the table with the sign-up notebooks), or you can write them up yourself with a list of ingredients and directions in paragraph form. Be sure to include your name and phone number in case the committee has any questions. Please submit recipes by July 15 to Sue Atkin.

Email: susanatkin2004@yahoo.com. Hand deliver or snail mail: 20847 Villareal Way, North Fort Myers 33917. Drop off: Pro shop, folder on the sign-up table.

Increasing Safety With The ReUnite Program

By Linda Lynch, Herons Glen, compiled from ReUnite materials

ReUnite is a community-based collaborative between United Way of Lee, Hendry, and Glades Counties and the law enforcement agencies in those counties. In Lee County, United Way collaborates with the Lee County Sheriff's Office. This program is offered free of charge for children and vulnerable adults who may be prone to wandering or becoming lost.

When an individual goes missing, whether that individual is a child or an endangered adult, the single most important factor is time. Each passing minute makes finding the person more difficult, causing additional pain and concern to loved ones.

The primary goal of the ReUnite program is to reduce search time in search and rescue operations for at-risk individuals who have wandered or become lost. The program also provides peace of mind to caregivers for such individuals.

To participate in the program, a caregiver completes a registration form that includes vital physical details, the person's profile, and a recent photograph. In this way, a ReUnite member is easily identified by local law enforcement on their computers and available in every squad car. This makes essential information available to law

enforcement in seconds rather than the minutes, or longer, it takes to gather information after a disappearance.

The program is not just for individuals with cognitive or behavioral difficulties. Caregivers can enroll anyone of any age who is at risk of wandering.

ReUnite is a multilayered approach, incorporating the Lee County Sheriff's Office Aviation Unit, drones, and a group of certified bloodhounds – specifically designated for search and rescue operations. To aid the bloodhounds, the program provides families with a free scent kit which will be used in any search and rescue operations for a lost individual.

By registering those at high risk, critical search time can be reduced.

For more information about ReUnite, you can email ReUnite @UnitedWayLee.org or call (239) 433-7583.

Herons Glen Namesake

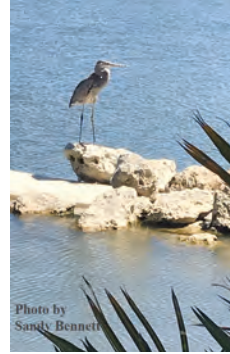


Photo by Sandy Bennett



Photo By Dan Lim



Life Imitates Art - Photo by Don Gauger



Photo by Debbie Tonetti



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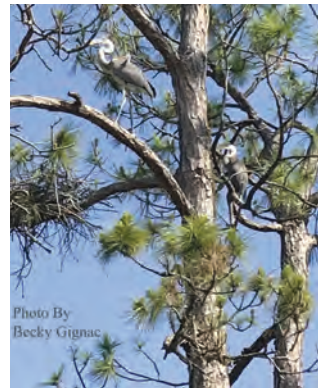


Photo By Becky Gignac



The winners of the \$50 May 27th receipt drawing were Laura and Tim Gretens. The next drawing will be Saturday, June 3rd.



The winner of the \$50 June 3rd receipt drawing was Bill Adams. The next drawing will be Saturday, June 10th.



The winners of the \$50 June 10th receipt drawing were Linda and Tony Protani. The next drawing will be Saturday, June 17th.

ICE: In Case Of Emergency



ICE stands for In Case of Emergency. The ICE Emergency Information Program provides first responders

vital information necessary to deliver the best emergency medical care for all residents and visitors while showing compassion and respect to all.

To ICE your home, you place a sticker on a window near the front door. Fill out the ICE Medical and Contact Information Form, fold and insert into an envelope. Tape the envelope on your refrigerator door.

To ICE your phone, you simply enter the word ICE before the person you chose to be your emergency contact in your phone book. If you have more than one emergency contact, you enter ICE1, ICE2, ICE3, etc.

To ICE your car, place a copy of the completed ICE form in your glove box.

To ICE your motorcycle or bicycle, you can tape your emergency contact's name and number inside your helmet or carry your cell phone with your pre-programmed ICE contact.

To ICE your boat, insert your completed ICE form into a zippered plastic bag and keep in your life jacket pocket or dry box.

Medical and contact information form can be found at www.leecountyinjuryprevention.org/assets/ice_form.pdf.

The form is divided into two identical columns, so accurate information can be maintained on one page. Update it each time there is a change in your personal information, medications and/or medical conditions.

Sponsorship opportunities are available for this program, please call: Lee Memorial Health System: SHARE Club at (239) 424-3298.

ICE Medical and Contact Information

Form with fields for Name (Person 1), Home Address, Date form completed, Date updated, Phone, DOB, Sex M/F, SSN, Weight, Hospital preference, Religion, Doctor, Blood type, Language, Living Will Y/N, Location, INSURANCE INFORMATION AND NUMBER (Medicare, Medicaid, Other), MEDICAL INFORMATION (Food/Drug allergies), PRESCRIBED MEDICATIONS AND SUPPLEMENTS (table with columns: Name, Dosage, Times/Day, AM/PM), Location of meds, Pharmacy, Date updated, MEDICAL HISTORY (table with columns: Condition, Y/N, L/R/B, Treatment), and EMERGENCY CONTACT 1 & 2 (fields for Name, Address, Phone, Cell, Relationship, Employment).

Are You Having Trouble Controlling the Way You Eat? Call: (239) 338-5948 Email: faswfla@gmail.com FOOD ADDICTS in recovery anonymous www.foodaddicts.org

ICE is presented by Lee County EMS, Lee County Sheriff's Department, Lee Memorial Health System, and endorsed by all Lee County emergency response agencies. Emergency Phone Numbers: • Emergency dial 911 • Poison Control (800) 222-1222 • United Way Social Service Information dial 211

Consumer Alerts

Scammers Are Hijacking Job Ads. Here's How To Spot The Fakes

By Gema de las Heras, Consumer Education Specialist, FTC

Scammers are taking outdated ads from real employers, changing them, and posting them on employment websites and career-oriented platforms like Indeed or LinkedIn. The modified ads seem to be real job offers with legitimate companies. They're not. In fact, their goal is to trick you into sharing personal information. So how do you know if you're dealing with a scammer?

Know that some of the hijacked job postings are offers to work from home as a personal assistant or customer service representative. Then, they'll ask you



for information like your Social Security and your bank account number so they can (supposedly) deposit your salary. Sometimes, they say you got the job and send you a check to buy equipment that you have to cash (and send money to them). But these are scams.

Here are more ways to spot and avoid phony job postings:

- Verify job openings before you apply. Visit the official website for the organization or company you're applying for. Most include a "career opportunities" or "jobs" section.
 - See what others are saying. Look up the name of the company along with words like "scam," "review," or "complaint." The results may include the experiences of others who've lost money.
 - Never deposit a check from someone you don't know. An honest employer will never send you a check and then tell you to send them part of the money. That's a scam.
- See a suspicious posting? Tell the FTC at ReportFraud.ftc.gov and check out more advice to stay clear of job scams.

Sports News

Memorial Day Memories from page 1

day, affirming we ought to "cherish tenderly the memory of our heroic dead, who made their breasts a barricade between our country and its foes."



How do we measure the sacrifices spoken of by General Logan? We could start by counting the number of deaths in service to this country – somewhere around 1.1 million. We could count the number of fathers, brothers, husbands, mothers, sisters, or wives that never came home from a war zone. If we envision a military funeral, we can count the number of times an American flag is folded before it is handed to a new widow. We could count the number of shots fired after she receives the flag, or the number of notes in *Taps*. Maybe we can count the number of nights she goes without sleep, the number of times she asks God "Why?," or the number of tears she cries. We could count the number of little league games a boy's father will not be there for, or the number of walks a mother will not be able to go on with her daughter. If we were able to add all of these things up, perhaps it would give us some idea of the sacrifices that have been made for our freedoms. However, in reality, such things are not quantifiable. We cannot count the grief in a mother's heart when she finds out her son or daughter is not returning home from a foreign battlefield. We cannot count the thoughts that go through a soldier's head as he gasps for his last few breaths of air while his buddies try in vain to save his life. Truly, the sacrifices made by this nation's heroes and their families are immeasurable.

These are the grim realities of our freedom. Freedom ranks among the greatest of gifts known to man, but like anything of value, it has its price. Those who have lost a loved one in service to our country are all too familiar with the price that must be paid. They know what it is like to have their worst nightmare come true when they see a government vehicle park in front of their house. When the doorbell rings they already know what the two uniformed officers waiting outside are going to say. Those who have not experienced such things will never understand freedom in the way those who have do, because no one can feel the pain they have lived through. Most Americans, then, having never had such a sacrifice upon freedom's

altar, hold a very narrow view of what freedom really is. Though our understanding of the freedom with which we are provided may be limited, let our gratitude to those who have given their lives to provide it and our compassion for their loved ones be unending.

We must also ensure that future generations understand that their patriotism and the debt of gratitude we owe those who've served is sacred.

We can recognize their sacrifices by taking care of their comrades who served. Their history deserves a place at your dinner table, at work, at church, wherever it may be – honor their sacrifices and cherish their memories.

We can also ensure the cost of lifelong impacts of military service is not another battle that our veterans have to fight alone.

Remember – in war there are no unwounded soldiers, and as we recognize too that a life can be sacrificed long after the final shot of a conflict is over, we must recognize too that not all fatal wounds are visible.

As we mentioned in past years, those who make it home carry heavy burdens, not only physically, but mentally as well. Veterans are presently committing suicide at a rate of over 7,000 per year. Also, a large percentage of our homeless folks today are veterans, because their service to our country has changed them so much.

We must keep our promises to the men and women who have served. When they swore an oath "to support and defend the Constitution of the United States against all enemies," they made a commitment to all of us. At the same time, we, as a nation, incurred a sacred obligation to them upon their return home; to heal their wounds – all their wounds – to rebuild their lives and to care for their survivors.

Today let us recommit ourselves to veterans. They never stopped fighting for us, sacrificing for us – and so many gave their last dying breath for us. It is up to us now to honor those still with us, and the survivors of those who have passed, by fulfilling the nation's promise to our protectors – our military veterans.

Finally, today, let us pray for and continue to support our active-duty men and women in all branches of the armed forces serving for our country today.

Thank you again for coming today, for your love of country and for your dedication to honoring the men and women who defended our country.

May God bless America. May God bless the men and women who fulfilled their promise to serve us, and especially those who have fallen in that service.

HOLE IN ONE

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William Harville

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Hole #11 150 Yards
Using a 8 Iron

May 20, 2023

HOLE IN ONE

Congratulations to ...

Greg Kelsay

On His Hole-in-One
Hole #4 128 Yards
Using a 8 Iron

May 23, 2023

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