

Community web site: http://hggcc.com Community Channels: 901 and 902 on TV

JUNE 2023

How The HGRD And HOA Cooperate For The Benefit Of Herons Glen

By Linda Lynch, Herons Glen

With input from J.B. Belknap and Joyce Gillespie

A recent article explained the key differences between the Herons Glen Homeowner's Association (HOA) and the Herons Glen Recreation District (HGRD). Despite being distinct entities with their own responsibilities, these two organizations cooperate in numerous ways to benefit our Herons Glen community.

When feasible, the HOA and the HGRD contract with each other for needed services. For example, the HOA contracts with the HGRD for cleaning services for the guardhouse, while the HGRD contracts with the HOA to provide security for the amenities which includes checking to make sure buildings are locked at night.

In 2008, the HGRD wanted to expand the size of the fitness room which was in the clubhouse. The HOA had acquired the old sales center and surrounding property from the developer. Because the old sales center was large enough to accommodate an expanded fitness center, the HGRD and HOA reached an agreement for the HOA to give the land and building to the HGRD. In exchange, the HOA received the "old" fitness room space for an office and conference room and 300 square feet of storage in the new fitness building. In 2016 this agreement was amended to relocate the HOA office to an area with expanded office space, next to the pro shop where the HOA office is located today. The future maintenance building at the golf course maintenance area will include the 300 square feet of HOA storage space.

In 2010 when the HOA negotiated the cable and Internet contract, the HGRD was able to save by being part of the negotiation to provide Internet for the HGRD administration office, restaurant, pro shop, and the golf course maintenance building. In addition, cable TV service was added for the restaurant, pro shop, and fitness center. As part of the migration from Broadstar to Blue Stream, the HOA included services in the Blue Stream contract for

the HGRD and continues to work closely with the HGRD to be sure all their TV and Internet needs are met.

The Common Land Irrigation System (CLIS) Irrigation Department is under the ownership and supervision of the Herons Glen Recreation District but is also responsible for providing irrigation to the homeowners of Herons Glen and the common areas of the HOA. Any problems with the system or modifications required by homeowners must be handled through the HGRD, not the HOA. New HGRD irrigation policies put into place this year along with upgrades to the system currently being made by the HGRD with bond proceeds on both HGRD and HOA property require collaboration between the two organizations.

Both the HOA and the HGRD share responsibility for maintaining the Multi-Use Path (MUP) throughout the Glen. The HOA is responsible for the section of the path from the front gate on Route 41 to the Via La Quinta/ Herons Glen Boulevard intersection and from Kayla Way to Kaidon Lane. The HGRD is responsible for the remaining eastern section of the path from Via La Quinta to Kayla Way, as this section of the MUP is heavily used by golfers. (Note: This section of the MUP is scheduled to be repaired and widened this summer by the HGRD as one of its bond projects.)

The Herons Glen lakes are interconnected and are divided into three sections. Those in the front of the community drain out to Route 41. The mid-section lakes drain out to Magnolia Landing, and the back-section lakes drain out to the back of Magnolia Landing. Most of the lakes are on golf course property owned by the HGRD, but maintenance of the connector pipes is the responsibility of the HOA. The HGRD assists with reporting drainage issues that are visible to the golf course and resolving such issues sometimes requires joint HGRD and HOA efforts to identify and resolve.

A major example of the opportunity and necessity for collaboration between the HGRD and the HOA was the recent golf course renovation which has been completed. The HGRD and the HOA communicated throughout the duration of the renovation and the HOA helped with access to areas as needed. The HGRD was responsible for cleaning streets and storm drains near these access areas.

Another major example of cooperation between the HOA and the HGRD was follow-up to Hurricane Ian. The two organizations stayed in communication with each other and assisted each other with communications to residents. The HOA and the HGRD also collaborated on common area and facility cleanup efforts.

Both the HOA and the HGRD play integral roles in the management and operations of Herons Glen. These two organizations will continue to cooperate to provide high levels of service for residents while keeping costs as low as possible for both organizations.

Is This You?

Do you like educating others? Do you have a love for creating? Do you enjoying working with some of the most pleasant residents of Herons Glen? Have you ever worked in a committee where every meeting ends with a positive result and enjoyable actions for the next meeting? If so, please join the HOA's new and improved Communications Committee by sending your name, email and preferred method of reaching you to lori.hghoa@gmail.com. We are looking for full members and will also consider ad hoc members to help with short time frame projects.

Question?

By Pat Stuchly, Herons Glen

Photo by Pat Stuchly, Herons Glen

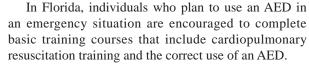
How many guys does it take to change a lightbulb? Do

Lifesaving Information

By Linda Lynch, Herons Glen Input from Bob Castellanos, CERT Automated External Defibrillators (AEDs) are portable, lifesaving devices designed to treat people experiencing sudden cardiac arrest, a medical condition in which the heart stops beating suddenly and unexpectedly.

The combination of CPR and early defibrillation is effective in saving lives when used in the first few minutes following a collapse from sudden cardiac arrest.

AEDs are a type of computerized defibrillator that automatically analyzes the heart rhythm in people who are experiencing cardiac arrest. When appropriate, it delivers an electrical shock to the heart to restore its normal rhythm. The AED system includes accessories, such as a battery and pad electrodes, that are necessary for the AED to detect and interpret a person's heart rhythm and deliver an electrical shock if one is needed.



In Herons Glen, the Herons Glen Recreation District (HGRD) has made several AEDs publicly available for use as needed. These AEDs can be found:

• In the lobby of the clubhouse, on the west side of the front door

• Opposite the intersection of Via Montana and Skyler on the 13th green

• In the lobby of the fitness center

• On the fence of the pickleball courts

• On the outside (west side) of the restroom building by the tennis courts

• In the starter shack at the driving range

If you or a companion decides to provide assistance with an AED, always remember to also call 911 so that professional medical help can be made available as quickly as possible.

you need a college engineering degree for this?



A little sense of humor can go a long way!



Article Deadlines For *The Heron*

Issue Month/Year	Date Due To The Heron	
July 2023	Sunday, June 18	
August 2023	Sunday, July 16	
Articles should be sent to		
HGNewspaper@gmail.com.		

Editorial Staff Volunteers

Photos by Dick Muller





Karen Jessop - Editor

Linda Lynch - Editor



Pam Scheid - Editor

Jack Nelson - Editor



Becky Gignac Newspaper Coordinator

Rick and Pat Scharf Delivery Coordinators

The HOA Communications Committee serves as the supervisory body for The Heron per Article IX of our by-laws.

Christine Kozak is the committee liasion from the HOA Board of Directors.

The Heron Editorial Policy is on file in the HOA office. Articles for The Heron may be dropped off or mailed to The HOA Office, 2250 Herons Glen Blvd., N. Fort Myers, FL 33917 or emailed to hgnewspaper@gmail.com.



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Community News

Correction

The article published in the May 2023 (Vol. 21, No. 5) edition of *The Heron* entitled "Close Of The Bowling Season" was written by Linda Protani, president of the Herons Glen Bowling League – not by Mike Stropes. Mike submitted the article for Linda but neglected to alert the newspaper staff that the article was authored by Linda Protani. He apologizes to the Bowling League and the community for the error.

Parking Lot

Parking Lot

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Coming Soon

June 15	Food Trucks
June 15	Ron Lorenzo
June 19	Bloodmobile
June 22	Food Trucks
June 22	Wendy Renee
June 26	Dermatology
June 29	Food Trucks
June 29	Smalltown
July 4	Fourth of July
July 6	Food Trucks
July 6	Double Dare Duo
July 13	Food Trucks
July 13	Rick Austin
July 20	Food Trucks
July 20	Jay Smith
July 27	Food Trucks
July 27	Ron Lorenzo

Welcome

Denise Dolan and Catherine Fisher Marion and Barry Hart Antonina and John Heeres Susan and David Keller Michael Lavigne Kimberly Mueller and Denise Crawford James Schleede Dawn Sullivan

Highlights From The HOA Weekly Bulletins

From your HOA Communications Committee

This listing highlights important articles that are covered in recent HOA *Herons Glen Weekly Bulletins* distributed by email to residents listed with the HOA office. These issues affect every property owner, their renters, vendors, and guests. The articles are intended to help residents better understand the actual requirements for our restricted community and also include safety information. Reading about and understanding these issues could eliminate the escalation of problems that may result in potential fines.

If you have questions about a subject, you can locate the full article from the bottom left link on the HOA website at http://hggcc.com/hghoa/files/office_news.html, then **click** the link titled HOA News Bulletins, Extra! Extra! Or you can see the issues listed by date in the middle of the web page under HG HOA News from Management.

• May 19 – Updates on HOA Projects – Asphalt Mill and Overlay for front half of HG Boulevard, Memorial Garden, Street Signs, Guardhouse Generator

HOA And HGRD Schedule Of Meetings

The following is a listing of HOA and HGRD meetings known at the time of publication. As these **dates are subject to change**, please check the Herons Glen website calendar and the community channel for updates.

Calendar Of HOA Meetings June 12 To July

All committee meetings are via Zoom/HOA Conference Room unless noted otherwise.

June 13 Architectural Review Committee, 9 a.m.

June 14	Board Meeting, 5 p.m.
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- June 22 Finance Committee, 1:30 p.m.
- June 23 SSEP Committee, 8:30 a.m.
- June 27 Architectural Review Committee, 9 a.m.
- July 5 Board Workshop, 1 a.m.
- July 11 Architectural Review Committee, 9 a.m.
- July 12Board Meeting, 5 p.m.July 13Grounds Committee, 1
 - Ily 13 Grounds Committee, 1 p.m.
- July 25Architectural Review Committee, 9 a.m.July 27Finance Committee, 1:30 p.m.
- July 27Finance Committee, 1:30 p.m.July 28SSEP Committee, 8:30 a.m.

Calendar Of HGRD Meetings June 12 To July

All committee meetings are via Zoom/Card Room C unless noted otherwise.

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June 12	Budget Meeting, 9 a.m.
June 13	Budget Meeting, 9 a.m.
June 14	Budget Meeting, 9 a.m.
June 15	Budget Meeting, 9 a.m.
June 16	Board Meeting, 9 a.m.
July 13	Golf Committee, 9 a.m.
July 17	Board Meeting, 9 a.m.



Ray Metz

Thank You And Welcome Back

By Karen Jessop, Herons Glen

We have a changing of the guard again for *The Heron*. Dominic Polidoro assumed the reins as delivery coordinator of the Herons Glen newspaper in January. He has a new venture in his future and needed to relinquish his duties as delivery coordinator. Pat and Rick Scharf were the coordinators for the previous four years and have volunteered to resume this task as Dominic leaves this gargantuan job.

This volunteer position involved not only the home delivery of *The Heron*, but also the sorting and making sure all the delivery staff pick up their papers and deliver to each home. It goes without saying the newspaper staff are very grateful to both Dominic, Pat and Rick for volunteering for this critical job.

Thank you to Dominic and good luck with your new ventures and welcome back to Pat and Rick.

How To Keep Up When You're Away From The Glen

If you aren't in the Glen, you may not receive your paper copy of *The Heron*, our monthly community newspaper. But you can access it online.

Communications Group

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• May 12 – Proposed Amendments to Architectural Review Committee (ARC) Design and Development Guidelines, Gutter Cleaning to Avoid Wildfire Risks

• May 5 - Preventing Heat Stroke in Pets

• April 28 – Hurricane/Disaster Supply Check List from CERT and SSEP, Exterior Work for Generators

April 21 – Golf Cart Battery Charging Tips
April 14 – CO2 Detectors

• April 7 – CERT Safety Tips Regarding First Responders Please keep this reference guide in a location that's easy for you to find when needed. you can access it onnie.

• Simply go to hggcc.com.

• Across the top, place your cursor over "HG Links."

• Then scroll down to the second item, "Homeowner's Assoc."

• From there scroll down the left side of the page, almost to the bottom, where it says, "Electronic Newspaper (Archive of Past Heron Newspapers)."

• Click on the image of the newspaper and you'll be brought to the archives with a year's worth of issues.

• Click on whichever month's paper you're interested in and you can keep up with what's going on in the community.



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Community Interests

I Live Here Too

By Becky Gignac, Herons Glen Bonjour, or is it Hola? You see, I am a Bichon Frisé, which is French for curly haired dog. However, my breed type originated in Spain and we were used as sailing dogs and sometimes herding dogs. The French turned us into lap dogs and that suits me fine because my



name is Bijoux (French for jewelry) and I am a princess. I'll be 7 years old in July and I look fabulous.

My mom and dad are Rod Taylor and Ali Foster. We met at Fleamasters. Mom always gets her reader glasses there and they know a lady named Carol who runs a booth with new puppies of various breeds. So, they decided to stop by and



take a look. That day she had a black poodle and me. Rod asked all about me and found out I was the same as his former dog, Mishka (who he dearly missed). While Ali went for her glasses, Rod went for me - I'd say that was a win-win.

Apparently, I wasn't as easy going as Mishka and that first year was a little rough on mom; I was high energy and I chewed on everything. I won her over though. She gets my hair cut once a month, and yes, I have hair, not fur so no shedding around the house. I'm pampered; like I said, I'm a princess.

When we have visitors, I'm a little territorial, but once



mom tells the visitor(s) to come in and go straight to "the couch" to sit, I know they are welcomed. At that point, I jump on the couch and welcome them too.

I'm very social and usually love most dogs. I'm a little leery of some of the bigger ones though; I guess I'm intimidated by their size. I do not like cats; sorry felines, just not feeling it.

My day consists of three walks close to home and a fourth on my favorite street, Marathona Court (lots of dog smells there). Finally, most nights I get a nice cart ride before bed.

I am a great traveler. Mom and Dad usually take the fifth wheel to various locations over the summer. I meet a lot of new friends that way. Life is good.

Although I have a lot of toys, my most favorite is a white stuffed lamb; it's usually close by. You never know when I might want to play tug of war with one of my parents. I do have an extremely strong liking for tissues. I can sniff them out anywhere. One day, I found a pack in my mom's beach bag. That was fun until dad showed up!

My parents feed me nutritious food; however, dad sneaks me treats, while mom tries to keep me on a diet. Can you guess who my favorite is? When dad leaves, I usually wait for him by the garage door. I am equally affectionate with both my parents though.

My absolute favorite thing is to have my tummy rubbed; if I don't get enough, I moan, then moan some more; they know this means to keep rubbing. Yes, I'm spoiled, but hey ... I'm a princess.

The Long Wait For Father's Day

By Candace Huetteman, Herons Glen

The first Father's Day was celebrated on June 19, 1910 in the state of Washington. Father's Day this year will fall on Sunday, June 18. Dad's special day of celebration is always on the third Sunday of June.

Mother's Day has been recognized as an official holiday longer than Father's Day. The first Mother's Day had its origins in the peace and reconciliation campaigns of the post-Civil War era. During the 1860s, at the urging of activist, Ann Reeves Jarvis, one divided West Virginia town celebrated "Mother's Work Days" that brought together mothers of Confederate and Union soldiers.

Mother's Day did not become a commercial holiday until 1908. Jarvis's daughter, Anna Jarvis, wanted to honor her mother so she worked to gather support to make Mother's Day a national holiday. Retailers saw the potential for profit in the holiday, and Mother's Day caught on right away. By 1909, 45 states observed the day. In 1914, President Woodrow Wilson approved a resolution that made the second Sunday in May a holiday in honor of the mothers of America.

The campaign to celebrate the nation's fathers did not meet with the same enthusiasm. As one florist explained, "Fathers haven't the same sentimental appeal as mothers have." In 1910, however, Sonora Smart Dodd, one of six children raised by a widower, recognized the importance of male parents. Her father was a Civil War veteran who had lost his wife, their mother, in childbirth. Like Mother's Day, she thought that there should be a day established to honor fathers. She fought for such a day and was successful.

The Long Wait on page 4



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Herons Glen Official Sources For Information

Herons Glen Golf and Country Club website: http://hggcc.com Herons Glen Homeowners Association website: http://heronsglenhoa.org Herons Glen Recreation District website: https://heronsglencc.com Herons Glen Facebook page: https://www.facebook.com/HeronsGlen HOA weekly bulletin emails and online: http://www.hggcc.com/hghoa/files/office_news.html HGRD weekly newsletter emails and online: https://heronsglencc.com/group/pages/communications *The Heron* newspaper online: http://hggcc.com/hghoa/files/newspaper.htm

Community TV Channels 901 and 902

The Long Wait from page 3

Washington state celebrated its first statewide Father's Day on June 19, 1910.

In the 1920s and 1930s, there were many protests and rallies to do away with Mother's Day and Father's Day in favor of "Parent's Day." The belief was that "both parents should be loved and respected together." There were also efforts to de-commercialize both of these holidays.

Much to everyone's surprise, the Great Depression derailed this effort to combine and de-commercialize the holidays. Struggling retailers and advertisers redoubled their efforts to make Father's Day a "second Christmas" with gifts and greeting cards.

When World War II began, advertisers began to argue that celebrating Father's Day was a way to honor American Troops and to support the war effort. By the end of the war, Father's Day may not have been a federal holiday, but it was a national institution.

In 1972, 58 years after Woodrow Wilson made Mother's Day an official holiday, Richard Nixon made Father's Day a federal holiday at last. On Father's Day, some people observe the custom of wearing a red rose to indicate that their father is living and a white rose to indicate that he is deceased. Some Roman Catholics have continued to celebrate the feast of St. Joseph, on March 19, as a tribute to fathers. Today economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

So, this year will your dad or husband enjoy a wonderful brunch at the Nest, or a round of golf, or a game of pickleball or tennis on Sunday, June 18? Here in paradise, the sky's the limit.

An Unlikely Friendship

By Jack Nelson, Herons Glen

Peter Applegate was a precocious 11-year-old lad who loved nature and reading books, especially science fiction. He resided on the outskirts of a town in south central Florida and was a gifted student. He was elected president of his sixth grade class and his teachers marveled at his achievement.

Every afternoon, after students were dismissed at 3:15 p.m., Peter would tuck a book under his arm and ride his bicycle to a large open field on the edge of town. The area was secluded, and palmettos formed a perimeter around the field. It was his sanctuary; he always had the place to himself. In the center stood a mature live oak tree that had been growing since the days of the Great Depression. After parking his bike, Peter would sit down next to the trunk of the monstrous tree and start to read.

On a balmy afternoon in mid-November, as Peter was reading a book on rocket science, he noticed a slight movement in a cluster of palmettos. Seconds later, a face appeared, and it was not human. It's light bluish-green eyes were ringed with black eyelids, and its chin was bearded with white fur and whiskers. The top of its head was crowned with tawny fur. Peter was both curious and apprehensive.

In less than 10 seconds, the animal emerged into full view. Peter was now in panic mode, for staring straight at him was a full-grown female Florida panther! Peter was seemingly in great danger. To make matters worse, the big cat started to walk toward him. What now? Peter had read about hikers encountering bears while hiking in wooded areas. The advice was not to make a run for it. Peter opted to stay motionless.

Slowly the panther kept onward, heading straight to the huge tree and the lad who was sitting under it. When the cat was only 10 feet away, it slowed to a snail's pace. Now Peter was gaining some semblance of confidence, thinking the panther was not about to take a chunk out of his hide. As the furry critter reached him, it sat down on its haunches and wagged its tail. Incredible! Peter's apprehension quickly turned to elation. Boy and cat were now companions! He was tempted to put his arm around the big cat, whose length he estimated to be 7 feet from the tip of its nose to the tip of its tail, but decided not to press his luck. He wondered, what

could possibly be the reason for this most unusual behavior? It had to be animal magnetism.

Now every time Peter arrived at the tree, the panther was lying down, waiting for him. Peter stroked the tawny fur and he could hear some purring from his newfound friend. He was anxious to tell everyone about his experience but decided to keep it a secret. Curiosity seekers would want to see this event, and that would surely scare the feline away. What about a name for the cat? "Louise" would be just fine, for that was the name of Peter's close friend at school.

It was early December when Louise pulled a disappearing act. Peter was fearful that she might have been killed by illegal poaching or run over by a car. On a Saturday afternoon he was seated under the live oak reading a magazine when he noticed the palmettos showing movement. To his delight, there was Louise, prancing proudly toward him.

Now he knew why she had been gone for so long. Trotting playfully behind her were three of the cutest panther cubs in the whole state! In just seconds, they were all over Peter, frolicking as cubs love to do, and Peter hugged and kissed them 'til his lips were becoming chapped from their fur. Now the endangered Florida panther population had a small but welcome reprieve. Peter looked heavenward and whispered a hearty "thank you."

Island Coast High School Shows Appreciation

By Denise Johnson, Herons Glen Photo by Bonnie Bickel, Herons Glen

Trish Williams, Intervention Specialist at Island Coast High School (ICHS), presented a plaque of appreciation, inscribed "Presented to: Alpha Delta Alpha Sorority,

Herons Glen Chapter Denise Johnson and Trish Williams For Incredible

Generosity" to the Sisters of the Alpha Delta Alpha (ADA) Chapter of Beta Sigma Phi at their monthly meeting on April 20. This honor was bestowed on not only the Sisters of ADA, but also the Herons Glen community, for their active support of Island Coast High School, a Title I school, during the 2022/23 school year. Our residents provided not only monetary support to the Positive Behavior Intervention and Support (PBIS), which is funded by donations only, but also provided requested school supplies for the students during the school year. Supplies were not only dropped off to ADA sister residences and delivered to ICHS, but also at Laura Rosen's (HG resident and ICHS bookkeeper) residence who transported donations to the school. These supplies were especially appreciated after Hurricane Ian, as those requests were also for basic living supplies.

Please keep in mind any used electronics: iPads, iPhones, Kindles, computers, iWatches, etc., can be donated to students (ICHS has an IT person who will completely scrub these devices if you can't) and will provide you a tax donation receipt. Students moving on to college or a trade school do not have devices to take with them, as the school devices are returned to the school for future use. These devices are "awarded" to deserving PBIS students. We look forward to providing support during the 2023/24 school year. Watch for an updated school supply list in Herons Glen Google Group and newspaper for the upcoming school year.

ADA wishes to also extend their appreciation to Herons Glen residents (you know who you are) who have and will continue (some anonymously) to support this worthy cause.

Any questions can be directed to Paula Klimas, (239) 322-0663, pklimas@me.com or Kathleen Colletti, (239) 822-1573, bobkate95@yahoo.com.

Lessons Learned In Southwest Florida

By Sarah Schoon, Herons Glen

As a native Iowan, there is much about living in southern Florida that is foreign and new to me. I am the student; Florida is the teacher. Upon returning to North Fort Myers last fall, I discovered that my tall, rubber boots had deteriorated and cracked. I wondered how that could be possible since I left them "protected" in the garage. It seems that high temperatures are not good for rubber boots. I always thought they were indestructible.

Another of the mysteries is the appearance of holes dug in the nighttime hours by some unknown creatures. I have been told that it is armadillos. I have yet to see them. I wish I had a camera to capture images at night in our backyard area that abuts the preserve where a lot of critters hang out. I have tried to think of the positive side of the daily filling of holes, but nothing comes to mind other than it gives me a chance to look over the yard.

Water. I am continually amazed at the abundance of lakes and rivers in this area. Plus, the Gulf of Mexico is not far away. Or if you are up for a little bit of a drive across the state, there is the magnificent Atlantic Ocean. While Iowa is not desert land, there are not nearly as many waterways. With the water sources in Florida, there are unique birds that delight in those sources of water: herons, ibis, egrets. I love the different birds, particularly the mockingbirds with their abilities to imitate other bird songs.

I hope to keep learning about Florida.

Butterflies

By Elaine Bouthillier, Herons Glen

Butterflies, like people, begin their very existence in a very small, special place. As their delicate, little bodies

grow and get ready to greet the world, they have already become a "one of a kind" special creature of God.

There are many various kinds of butterflies; some bigger and more beautiful than others, and yet, they all appear wondrous in our eyes, as they cross our paths at one time or another during our lives. Each one catches our curiosity and amazement, as to just how delicate and beautiful they really are, as we watch them in flight, not even wishing to be able to capture one. For, that would destroy them and also, the very mystery and wonder of them all. Butterflies are fascinating gifts for us to behold their beauty, and to keep their image in our hearts and minds, as we watch them in flight, wondering how many others will be blessed by their presence. Their beautiful individual colors, which only they were born with, prove to brighten our days, as their delicate wings carry them so gracefully from one destination to another, throughout their lives. I believe that God has given us these special blessings, that we will carry them throughout our lives, to share them with all those who allow themselves to appreciate butterflies in flight. As we get older, our colors

Butterflies on page 5



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Butterflies from page 4

may change a bit, but we may ever long to see one of these most graceful, gentle, beautiful creatures in flight. They may only be in our sights for a few moments; but they will leave us with beautiful long-lasting memories.

The Zebra Longwing, The Official Florida State Butterfly

Zebra Heliconian: The Zebra Longwing Butterfly or Zebra Heliconian, Heliconius charithonia, is unmistakable with its long narrow wings, which are striped black and pale yellow. This species is common in Mexico and Central America and it is also found in most of Florida and in some areas of Texas, where it can be seen year-round. It has a wide range of habitats, including hardwood hammocks, thickets, and gardens. The Zebra Longwing is found throughout the state, although it is more common in south Florida, particularly in the Everglades National Park. In 1996 the State Legislature designated the Zebra Longwing as the Official State Butterfly.

Is the Zebra Longwing butterfly poisonous? Our State Butterfly, Zebra Longwing, or Zebra Heliconian, is named for its striped wing pattern. This coloration is a warning to predators that the butterfly is toxic. Their toxic nature comes from chemicals called cyanogenic glycosides that taste bitter, and if ingested, are bad for one's health.

Pretty In Pink 2023 FINALE! Part Two

By Peggy Lindquist, Herons Glen **PIP** Community Luncheon

The Pretty In Pink (PIP) community luncheon was held immediately after the golf tournament. Joining the 128 lady golfers for lunch were 68 resident/guests who came to celebrate the festivities. It was breathtaking entering the ballroom decorated by Carol Urtz and her seven helpers! The table settings consisted of large pink plumes or flower bouquets dazzled with lights and feminine purse goodies. Toward the staging area Kim Chuipek along with six helpers had 36 baskets, seven pieces of artwork and 13 individual gifts displayed on five tables that spanned the ballroom's dance floor.

Tickets were sold prior to the PIP event at all registration tables, bake and art sales. In front of each displayed item was the fishbowl where a ticket could be placed to win that basket. Baskets were varied from a donated dog bed basket that could house a St. Bernard filled with doggies' treats, toys and any imaginable thing a dog would want. Surprisingly, it didn't come with a dog! A unique basket titled "Taste of Maine" contained the State of Maine's homemade products such as mustard, syrups, kitchen towel, a piece of artwork along with a golf lesson from a pro from Maine! However, you didn't have to drive to Maine to get the golf lesson, rather just drive to Heritage Landings! Kim's raffle baskets contributed around



Kim Chuipek, raffle basket Carol Urtz and Joyce Haist, organizer

ballroom decorators

\$5,500 toward the PIP fundraising. Basket winners were announced silently during lunch. A sheet of paper with the winning ticket numbers was placed on each dining table.

Three resident entrepreneurs also donated to the PIP fund! Even though Shari Sanders and Faith the Flamingo were remote taking pictures of the world, she did create a contest: "How many pictures has Shari taken thus far on her worldwide trip?" For a \$1 a person could take a guess and the winner won \$50! One hundred sixty-six ladies (\$166) submitted their guess and Finney Noffsinger won \$50 with a guess of 310 pictures (actual number of pictures was 291). Resident/author Janet Slater's book It's Not My Fault! A Collection of Golf Excuses sold for \$10, donating 50 percent (\$5) on each sale! And a special pink alcoholic drink *Pretty* in Pink Cocktail was offered by resident Laura Steil donating \$1 for each cocktail sold!

Prior to lunch, resident Danielle Lecavalier read her annual cancer survivor poem which she writes every year. Scars was an excellent reminder to those having or gone through a cancer crisis that the experience has shaped us as we stand today. And "you are stronger, fiercer, wiser and more loved than you will ever know!" Those piercing words left many without dry eyes.

Bruce Harris, Herons Glen Head Pro, then announced the golf tournament winners! Next was table delivery of a delicious lunch selected by resident Bernadette Schirra. It was a hand-delivered plated luncheon chicken nestled in the middle topped with a peachy sauce. For dessert Bernadette chose Raspberry Sorbet with a mint leaf. Most ladies raved about the dessert and suggested this should be served first. Something to consider, Bernadette!

During lunch the director of Partners for Breast Cancer Care, Janet Darnell, once again thanked the Herons Glen Community for their thoughtful, caring donation and explained how the money helps ensure accessibility to breast health for low-income, uninsured residents in Lee, Collier, Hendry and Charlotte counties. She added without donations many would be left out of needed health care. She brought Dr. Lee Blackwell as a guest speaker to address breast cancer screening test results. It was an educational overview for all.

To be continued.

Communication In Any Form

By Elaine Bouthillier, Herons Glen

Since I was very young, I can remember the use of proper English grammar being "music to my ears." Exchanging exact thoughts and feelings was important to me back then. For some reason, I had a strong passion for the eloquent flowing of our wonderful English language. Feelings of "acceptance" and "comfort" arose in me whenever I heard the music of the grammatical tunes I had grown up with and learned in school. These "tunes" were, of course, in my mind only, and not actual music tunes that one could really listen to. It was more of a feeling of what seemed to be grammatically correct. This "sense of awareness" was a good feeling; although, it was at times, like having a stone in my shoe.

My grandfather, who was born in Italy, spoke very little English, and lived close to us, was my inspiration to the acceptance of the little shell I had somehow created. I loved being with him, even though he could only speak a few words of English. I think that was because he was such a sweet, gentle-hearted man, who had a particularly kind face, and beautiful blue eyes. Whenever we visited him, he would say "Elaina, you have candy," as he pointed to the little white candy bag that was always on his bedroom bureau. That special candy bag had Jordan Almonds in it; and I loved Jordan Almonds.

Now, that I am much older and more aware of the way life really works, I still appreciate the proper use of our English language, but I can now find acceptance in what once seemed to be the "scratching of my fingernail on the school blackboard."

We are all simply little "seeds" of our predecessors. We live and learn from those we grow up with and around.

In June 2014, it had been two years since I had begun taking many walks by a house on our street, in Warwick, R. I., where an elderly lady, Rose, lived. Somehow, it seemed wrong to say the word "elderly" at that stage and age of my life, since I was almost 68 years old.

At first, I would wave and say "hello" to Rose, if she were sitting in her front yard, as I walked by with my Bichon/Shih Tzu puppy, Bichou. One day, I decided to go up to her, to chat for a minute or two. We talked about the nice day and she began to tell me about the cancer surgery she had; yet, she seemed to remain peaceful. When I asked Rose how old she was, she responded with, "well, I'm in my 80s," almost as if she didn't really remember. It really didn't matter how old she was, or if she even remembered. The most important thing, to me at the time, was that we were communicating and that I had stopped to speak with a person who seemed to need someone to talk with. After spending some time with Rose, I realized that it was I who needed to talk with her. I found her presence comforting, somehow.

As Rose sat in her lawn chair, there were two other lawn chairs next to her that were occupied by a doll and a stuffed snowman toy. I had seen them with her during previous walks, but since this was the first time, I actually stopped to chat with her, I didn't know anything about her two little friends.

As we exchanged casual conversation, Rose began to tell me how she rescued the little snowman from someplace where he would have been "put to sleep," if no one adopted him. She then told me how good he was at television game shows, and what a good dancer the other one -a doll, was. There was no hesitation in her voice, no unsurety; only confidence and peace. She spoke of being happy that they did not require any food or diaper changing, how loveable they were, and how long her little doll could dance without getting tired.

As Rose spoke of her special friends, I simply listened; then, I commented on how I thought they were the perfect friends for her to have. We said our good-byes for the day, as I slowly began to walk on.

On my way back home, I was overcome by a sense of amazement, that I had just had a very special conversation with a woman who may not have realized, or cared, that her two friends were not real.

I played a role in her fantasy world, and it actually felt good. It didn't matter if her world was not real; it only mattered that I was a part of it, and that she chose to share it with me.

Community Interests on page 6



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Pool Progress







The winner of the \$50 May 6th receipt drawing was Andy Edmund The next drawing will be Saturday, May 13th.



The winners of the \$50 May 13th receipt drawing were Eileen and Steve Maha The next drawing will be Saturday, May 20th.



The winners of the \$50 May 20th receipt drawing were Mary and Paul Koenig. The next drawing will be Saturday, May 27th.



Sports News

HOLE IN ONE

Congratulations to ...

Denise Crawford

On Her Hole-in-One Hole #4 106 Yards Using a 5 Wood



May 16, 2023



Bob Foster

Congratulations to ...

On His Hole-in-One Hole #11 150 Yards Using a 4 Hybrid

Community Interests from page 5

Thank You Herons Glen

By Mary Ann Simpson, Herons Glen

The women of Alpha Gamma Nu recently donated a check for \$3,000 to the Harry Chapin Food Bank of Southwest Florida. This \$3,000 will be matched by a foundation, doubling our donation dollars.

Did you know that Harry Chapin supports not only the residents of Lee County, but also has distribution programs in Charlotte, Collier, and Hendry counties? They currently distribute roughly three million pounds of food each month in all of these areas. The need for food rose tremendously during the pandemic in 2020 when many in the area lost their jobs; and when things seemed to be getting better, *Hurricane Ian* struck our area. The need for food never goes away with on average 11 percent of the population in our area living below the poverty level, and one in six children in our area do not know where their next meal is coming from.

The funds that we were able to donate were raised this past year through Alpha Gamma Nu's three major



HOLE IN ONE

Congratulations to ...

Roger Selander

On His Hole-in-One Hole #7 123 Yards Using a 7 Iron



HOLE IN ONE

Congratulations to ...

William Harville

On His Hole-in-One Hole #11 150 Yards Using a 8 Iron



fundraisers; the Jingle Tour, the Spring Home Tour, and the gift baskets that are raffled during the Herons Glen Craft Show. In total this year our efforts raised more than \$9,700. Other recipients of our dollars this year were All Souls Outreach and Immokalee Fair Housing, as well as many other deserving organizations. Without the support of the generous residents of Herons Glen, none of this would be possible, so we say **thank you Herons Glen!**



Joann Brosnan, Lynnae Messina, Stuart Haniff

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Catch The Action

June On The Water

By Capt. Bill Russell

As we kick off the summer season in Southwest Florida, it's a great time to load up the fishing tackle, hit the water, and just have fun. Rather than get caught up with what species is in season or what can I keep, just go fishing.

We are lucky to have a lot of different fish, and of all sizes, that make our waters home through the summer. Some days it's fun to count just how many different species we catch, while not targeting any certain species. Children love this, large or small, every fish is cool for them to catch, different shapes and sizes make it even better.

You may catch everything from small fish that fit in your hand to sharks large enough to demand respect. Start by catching little fish like pinfish or ladyfish that will hopefully become bait for something larger. Locate a flock of birds dipping to the water and you can expect fish actively feeding, this is a great time to cast a small shiny spoon or lure in hopes of Spanish mackerel or other hungry predators.

If you want live baitfish and have the ability and desire to throw a cast net, there should be plenty of bait around on the shallow grass flats. A good live well plumbed with a pump to continuously exchange water is necessary to keep bait alive and frisky. A lot of different fish species are feeding on the summer bait schools. Even if you aren't attempting to net the bait, it's still a great place to catch a fish.



If the mess and hassle of catching live bait isn't your thing, we have plenty of tackle shops and bait stores selling live shrimp and other goodies. Apart from mullet, I believe every fish in our coastal waters dine on shrimp. They are a great bait, buy more than you think you will need as you can go through them quickly.

And there are artificial baits, they require more work, but it is always a great feeling to fool a fish into eating a chunk of plastic, metal, or feathers. There are too many different baits and lures to get into in this column, if you don't already have an assortment or favorite, hit up your local tackle shop. Small or family-owned tackle shops are a wealth of knowledge, I recommend them over the big box stores.

With the various baits, we want an assortment of rods and reels if we intend to fish for species of different sizes. If we have just one rod and reel, that's fine too, actually, it may be more fun and challenging. If the interest is there to hook into a shark with the hopes of landing it, then at least a couple of feet of wire leader is necessary. No need to waste money on heavy wire or cable, single-strand wire from 50 to 80 pounds is all you need, unless you are after really big fish with ultra-heavy tackle.

If you're up to the challenge, June is prime time to tangle with a big tarpon. They are roaming throughout the inshore waters, gulf passes, and a short distance off the beaches. If a fresh fish dinner is on the menu, mangrove snapper is your best bet. Snapper will be caught in good numbers inshore and around nearshore reefs throughout the summer.

It's fun to go fishing with no expectations, a day where you relax, take in the beauty of nature, and just live in the moment. If you catch fish great, if not that's fine too. The funny thing is, when we lower our expectations and relax, we are often rewarded with some of our best days of fishing. Give it a try!

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www. fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters

surrounding Pine Island and Southwest Florida. For the past 27 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



Eye Disease Can Affect More Than Your Sight

Eye disease affects more than your ability to see the world clearly. People with impaired vision face an increased risk of falls, fractures, injuries, depression, anxiety, cognitive deficits and social isolation. One of the best ways to protect yourself against vision loss from eye disease is to get regular eye exams.

Ophthalmologists – physicians who specialize in medical and surgical eye care – have more tools than ever before to diagnose eye diseases earlier, and to treat them better. But these advances cannot help people whose disease is undiagnosed, or who are unaware of the seriousness of their disease.

That's why the American Academy of Ophthalmology recommends all adults receive a comprehensive eye exam by age 40, and every year or two after age 65.

Here's how low vision can affect nearly every aspect of your life:

1. Depression and social isolation. Being unable to drive, read, enjoy hobbies or see loved ones' faces is frightening and can lead some people to withdraw from life, leaving them feeling helpless or lonely. One study found that after being diagnosed with a vision-threatening eye disease, a person's chance of experiencing depression triples.

2. Dementia. Several studies suggest a connection between eye disease and dementia. While the cause is unclear, it's possible some eye diseases interfere with the brain's sensory pathways. Early diagnosis and treatment are the best way to prevent vision loss.



sensory pathways. Early *Regular vision checks can help* diagnosis and treatment *you see your way clear to a better* are the best way to *social life and healthier living.* prevent vision loss.

3. Injuries from falls. People with decreased vision are more likely to misstep and fall. Every year, about three million older Americans are treated for injuries from falls, according to the Centers for Disease Control and Prevention. Many of these falls are caused by low vision. Luckily there are some changes around the house people can make, such as grouping furniture together and increasing lighting. Seeing an ophthalmologist regularly and making sure your glasses are updated with your latest prescription are important safety precautions as well.

Can't Afford An Eye Exam? Eyecare America® Can Help

For individuals age 65 or older who are concerned about their risk of eye disease and/or the cost of an eye exam, you may be eligible for a medical eye exam, often at no out-of-pocket cost, through the American Academy of Ophthalmology's EyeCare America program. This public service program matches volunteer ophthalmologists with eligible patients in need of eye care across the United States. To see if you or a loved one qualifies, visit www.aao.org/ eyecare-america to determine your eligibility.

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What Dads Actually Want For Father's Day

Not sure what to get dad for Father's Day this year? According to new research, you're better off reaching for the phone than a "World's Best Dad" mug.

A survey of 2.000 dads



because one in three dads say that if someone is grilling, it's going to be them. Another six in 10 confident dads feel like there's no better cook in the house than themselves.

Father's Day is a celebration of dads in all their dad glory. Give dad an experience that's guaranteed to please him this Father's Day.

The survey found that 56 percent of dads love to tell

BROADWAYPALM PRESENTS

May 26 - July 1



A lively city boy moves from Chicago to a small farming town where rock 'n' roll and dancing have been banned. After the culture shock sets in, he tries to shake things up and overturn the extreme ban. In the process he catches the attention of the lovely

11 bui ve y of 2,000 uuus

revealed that three in four dads (76 percent) prefer an experience over a physical gift for Father's Day. It also revealed what dad is really after for his Father's Day event and found that 57 percent of dads actually say it's their favorite day of the year.

And the top gift you can give your dad this year? A simple phone call.

While a phone call from their children topped the list of most desired gifts (47 percent), it wasn't the only thing dad had his eye on this year.

Four in 10 (41 percent) said a big, juicy steak would improve their Father's Day this year, while 38 percent of dads said they could really just go with some peace and quiet. Taking in a ball game with the family also scored high, with 38 percent saying that sounded like a lovely Father's Day treat, while one in three easy-to-please dads say they just want to be able to watch whatever they want on the TV.

Interestingly, 64 percent of dads reported that they specifically don't want anything that says "World's Best Dad" on it this year.

Sitting down for a meal with dad this Father's Day is apparently a very good idea, according to the research, as 79 percent of dads say they like to bond with their children over food. But if it's a cookout you're after, stay off the grill, classic "dad jokes." In fact, according to the results, 47 percent of dads have said the specific joke, "Hi hungry, I'm dad," and 60 percent of dads find the joke to be actually funny.

The survey also found that it takes four years after their first child is born before hitting "peak dad," and there are signs that show it, too.

For example, the top sign that you've hit "peak dad," is that you start to laugh at your own jokes (33 percent). The second biggest sign you've reached "peak dad" is if you find yourself busting out cheesy moves on the dance floor. Also scoring high on the list was if you're always the one manning the grill.

Top 10 Gifts Dads Want For Father's Day

Phone call from my kid(s) – 47 percent A big juicy steak – 41 percent Peace and quiet – 38 percent Taking in a ball game with the family – 38 percent An ice-cold beer or two – 35 percent A cheaper, practical gift (socks, tie, etc.) – 35 percent Glass of wine – 34 percent Watch whatever I want on TV – 34 percent Glass of whiskey – 29 percent A physical, expensive gift (Apple watch, etc.) – 29 percent preacher's daughter. The Oscar and Tony-nominated Top 40 score includes *Holding Out For A Hero, Let's Hear It For The Boy, Almost Paradise* and the title song, *Footloose*.

July 7 - August 12



This Disney classic comes to life on the Broadway Palm stage! Take a dive into a magical kingdom where the beautiful mermaid, Ariel, longs to leave her ocean home to live in the world above. When Ariel falls in love with the human Prince Eric, she makes a bargain with

the evil sea witch, but the bargain isn't what it seems. You'll see all your favorite characters and hear the irresistible songs including *Under The Sea, Kiss The Girl, Part Of Your World* and more!

Dates may be subject to change.

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